



RUNNB COURSE

RACE CALENDAR/
CALENDRIER DES COURSES



2016


COURSE
RUNNB

Run NB Committee 2016

Comité de Course NB 2016

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RunNB welcomes volunteers to our committee.
CourseNB vous invite à vous joindre à notre comité.

Foreword

Robert Jackson - Chairperson



Welcome to the 2016 road racing season in New Brunswick! I know that many of you have been training through the winter and are ready to show off your fitness and your speed. Again this year, RunNB is here to provide you with a coordinated listing of race options, at distances ranging from kids' runs of less than a kilometer, up to the marathon and ultra-marathon.

RunNB is a small group of dedicated volunteers, operating as part of Athletics New Brunswick on behalf of road runners and those involved in our sport. We not only coordinate a race schedule, but also provide a variety of other services.

Be sure to check out our youth program (sponsored by the NB Medical Society), Super Series program, Provincial Championships, all-time records lists, results, statistics, race director meetings, insurance program, student scholarships, guide for race directors and, of course, our year-end Awards Gala and Hall of Fame Ceremony. We are proud of our website and invite you to visit it often for important news and updates: runnb.ca

We wish you a fantastic 2016 season of road racing in New Brunswick!

Gabriel LeBlanc - Executive Director

Hello New Brunswick Runners/Walkers

We as RunNB are excited for the new season, to see all the great individual achievements, but even more so to help in the development of those achievements. The races and events are something we are always proud of making the best possible, for our runners to enjoy, compete and succeed.



Our goals this year are:

1. Get more runners out to feel the enjoyment of road running
2. Help bring everyone together whether it be competing or supporting our events
3. And overall, to grow healthy habits all together.

So whether it be for recreation or to push yourself to your limits in competitions, Run NB is looking to make it the best experience possible. If you have any questions or suggestions please do not hesitate to contact me.

Yours in sport
Gabriel LeBlanc

Avant-propos

Robert Jackson - Président



Bienvenue à la saison de courses sur route 2016 au Nouveau-Brunswick! Je sais que plusieurs d'entre vous se sont entraînés cet hiver et sont prêts à montrer leur forme et leur vitesse! Encore cette année, Course NB est ici pour fournir une liste coordonnée des options de courses pour des distances allant de courses pour enfants de moins de 1 km au marathon et à l'ultra-marathon.

Course NB est un petit groupe de bénévoles dévoués, opérant dans le cadre d'Athlétisme Nouveau-Brunswick au nom des coureurs sur route et de toutes les personnes concernées par notre sport. En plus de coordonner l'horaire des courses, nous fournissons une variété de services.

Informez-vous sur nos autres programmes et services : programme jeunesse (commandité par la Société médicale du Nouveau-Brunswick), programme Super Série, championnats provinciaux, liste de records, statistiques, réunions des directeurs de course, programme d'assurance, bourses d'études, guide pour les directeurs de course, gala de remise de prix de fin d'année et cérémonie d'intronisation au temple de la renommée.

Nous sommes fiers de notre site Web (runnb.ca) et nous vous invitons à le visiter souvent pour les nouvelles importantes et les mises à jour.

Nous vous souhaitons une superbe saison de courses sur route 2016 au Nouveau-Brunswick!

Gabriel LeBlanc - Directeur Exécutif

Bonjour coureurs et marcheurs du Nouveau-Brunswick,

Nous, à Course NB, sommes fébriles à l'approche de la nouvelle saison. Nous avons hâte de voir les excellentes réalisations personnelles que vous allez accomplir, et de vous aider à les réaliser! Nous sommes toujours fiers que les courses et autres activités offertes soient des mieux organisées; nos coureurs peuvent ainsi se concentrer sur leur performance, profiter de l'expérience et en sortir gagnants!
Nos objectifs cette année :



1. Attirer plus de coureurs et partager le plaisir de la course sur route;
2. Aider à rassembler tout le monde, pour concourir ou soutenir;
3. Cultiver des habitudes saines, ensemble.

Donc, que ce soit pour pratiquer une activité récréative ou pour vous inciter à pousser vos limites dans les compétitions, Course NB souhaite que vous ayez la meilleure expérience possible. Si vous avez des questions ou suggestions, n'hésitez surtout pas à me contacter.

Votre ami dans le sport
Gabriel LeBlanc



Welcome to the 2016 New Brunswick Road Racing Super Series

There are 80+ exciting races which form the NB Racing Circuit. More than 20 of those races are designated as **Running Room Super Series** where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site.

Runners will receive points only for the main race of a Super Series event. Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 34 runners in each age category. See the point tables for positions and values. In the event two or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2016.

Previous Super Series winners are posted on Run NB's website (www.runnb.ca)

Bienvenue à la super série de course à pied du N.-B. pour l'année 2016

Cette année, Course NB comprends 80+ courses au calendrier. Plus de 20 de ces courses font partie de la "**Super Série Running Room**". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débuta la saison, basée sur son âge au 31 décembre 2016.

Les noms des gagnants des années précédentes de la Super Série se retrouvent sur le site web de Course N-B (www.coursenb.ca)

POINTS FOR SUPER SERIES RACES / POINTS POUR LES COURSES SUPER SÉRIES

1st = 50 pts	8th = 29 pts	11th = 24 pts	18th = 19 pts	21st = 14 pts	28th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	6th = 27 pts	13th = 22 pts	16th = 17 pts	23rd = 12 pts	26th = 07 pts	33rd = 02 pts
4th = 35 pts	5th = 26 pts	14th = 21 pts	15th = 16 pts	24th = 11 pts	25th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

Age Categories / Catégories :

Men + Women, age on December 31, 2016 /
Homme + Femme, age au 31 décembre, 2016

-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

RunNB –Provincial Championships

WHAT ARE THE PROVINCIAL CHAMPIONSHIPS?

5 Races - 5 Distances

For 2016, RunNB presents the following five Provincial Championship events:

5km – 5km de Lamèque, Lamèque, August 07

5 Mile – St. Andrews Father's Day 5 Miler, St. Andrews, June 19

10km – Bathurst 10k, Bathurst, September 11

21.1km – IGT Legs for Literacy, Moncton, October 23

42.2km – Fredericton Marathon, Fredericton, May 08



* Runners earn double Super Series points at all Provincial Championship races!

For more details, go to the RunNB website at:

<http://runnb.ca/>



Championnats Provinciaux de CourseNB

QU'EST-CE QUE LE CHAMPIONNAT PROVINCIAL DE COURSE NB?

5 Courses - 5 Distances

Pour 2016, CourseNB inclura les cinq Championnats Provinciaux suivants:

5km – 5km de Lamèque, Lamèque, 7 août

5 Mile – St. Andrews Father's Day 5 Miler, St. Andrews, 19 juin

10km – 10km Bathurst, Bathurst, 11 septembre

21.1km – IGT Courir pour Lire, Moncton, 23 octobre

42.2km – Marathon de Fredericton, Fredericton, 8 mai



* Accumulez le double des points de la Super Serie Running Room.

Pour plus de renseignements, allez au site web de CourseNB:

<http://runnb.ca/>



HALL OF FAME & AWARDS BANQUET

Tracadie, NB - November 19th, 2016

BANQUET DU TEMPLE DE LA RENOMMÉE ET REMISE DES PRIX DE COURSE NB











Tracadie, N.-B. - Le 19 novembre 2016

SCHEDULE OF EVENTS HORAIRE DES COURSES

All events are subject to change. Refer to our web site www.runnb.ca for updates & results.

Tous les événements sont sujets à changement. Référez-vous à notre site web www.coursenb.ca pour mises à jour et résultats.

LEGEND / LÉGENDE









- | | |
|--|--|
|  Provincial Championship/
Championnat provincial |  Online Registration/
Enregistrement en ligne |
|  Date/
Date |  Race Status and Prize money/
Statut des courses et bourses |
|  Location/
Lieu |  Registration Fee/
Coût d'enregistrement |
|  Distances/
Distances |  Pre-race or day of registration/
Enregistrement pre-course ou jour de |
|  Race start/
Départ | |
|  Race Website or Facebook page/
Site web ou page Facebook de la course | |

APRIL / AVRIL

» Sat, Apr 3 / sat 3 avr - BS Run 5km - Fredericton, NB

» Sun, Apr 4 / dim 4 avr - Demi-Marathon de l'Acadie - Tracadie, NB

1 Lorneville Loop 13k Run and Walk









- | | |
|--|--|
|  Sun, Apr 10 / dim 10 avr |  http://events.runningroom.com/
site/?raceId=12020 |
|  Saint John, NB |  Super Series - 13km |
|  13km - 13km Walk |  \$25 until January, \$35 after that, \$40 on the day. |
|  10:00 (9am for the walk) - Lorneville Community Centre |  Walk - 7:30-8:30, Run 7:30-9:30 - On the day (if cap not reached) at the Community Centre |

» Sun, Apr 10 / dim 10 avr - Miramichi 5 miles - Miramichi, NB









» Sun, Apr 17 / dim 17 avr - Run for René 5km - Quispamsis, NB

2

15km de Grande Digue

-  **Sat, Apr 23 / sam 23 avr**
 <https://www.events.runningroom.com/site/?racelid=12664>
-  **Grande Digue, NB**
 **Super Series - 15km**
-  **15km / 5km - 15km marche/15km Walk/**
 **40\$ Early fee, 50\$ after March 30th - 15k. 30\$ Early Fee, 40\$ fee after March 30th - 5k**
-  **15k walk - 830am, 15k Run - 930am, 5k walk/run - 945am - Eglise de Grande Digue/ Grande Digue Church**
 **7:30am - Notre Centre de Grande Digue**









3 12th Annual Brent Kelly Memorial 5 Mile Walk/Run

-  **Sat, Apr 23 / sam 23 avr**
 [Visit runnb.ca](http://Visit.runnb.ca)
-  **Saint John, NB**
 **Sanctioned**
-  **5 Miles**
 **\$25 per person, \$60 per family up to 5 people**
-  **9:00 AM - Irving Nature Park**
 **7:30am - TBA**










» Sun, Apr 24 / dim 24 avr - BS Run 5km - Fredericton, NB

4

Mercury Run 2016

-  **Sat, Apr 30 / sam 30 avr**
 <https://www.events.runningroom.com/site/?racelid=12573>
-  **Oromocto, NB**
 **Super Series - 5km - \$\$\$**
-  **5km - 10km**
 **\$25 for individuals and \$100 for teams**
-  **9:00 AM - Oromocto High School (OHS)**
 **Online through the Running Room or at the Oromocto High School on the day of the event - 08:00 to 09:00**

5 Coeurs Chaud-Warm Hearts 5/10k Run/Walk

-  **Sat, May 07 / sam 07 mai**
 <https://www.events.runningroom.com/site/?racelid=12912>
-  **Memramcook, NB**
 **Sanctioned**
-  **10km - 5km, 800m, 100m**
 **10km/5km - 35\$, Kids 800m - 15\$, Kids 100m - 10\$**
-  **9:00 AM - Institut de Memramcook**
 **-**
-  <https://www.facebook.com/events/1733650556864618/>

MARK STEIN, MC

ENTERTAINING AND ENERGETIC
ANNOUNCING OF RUNNING,
DUATHLON AND TRIATHLON EVENTS.



SERVICES

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- RUNNING MUSIC MIXES
- SOUND EQUIPMENT & POWER SOURCE

REASONABLE FEES FOR EVERY BUDGET

"MY AIM IS TO ENHANCE YOUR PARTICIPANTS' EXPERIENCE."

RUNNINGMC.CA

902.497.3333

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New Brunswick
Medical
Society



Société
Médicale
du Nouveau-Brunswick

Dedicated to your health • Dévouée à votre santé

"Small Strides, Healthy Lives" is a kid's program between RunNB and the New Brunswick Medical Society designed to encourage youth participation in road races during the RunNB road racing season. Children 14 years of age and under are encouraged to participate in a race-sanctioned children's race throughout the season.

Participants receive a race bib and finisher medal through the partnership agreement between RunNB and the New Brunswick Medical Society.

WWW.NBMS.NB.CA

MAY / MAI

» Sun, Mai 1 / dim 1 mai - Demi-Marathon de l'Acadie - Tracadie, NB

» Sun, Mai 1 / dim 1 mai - Miramichi 10km - Miramichi, NB


6 Scotia Bank Fredericton Marathon

 Sun, May 08 / dim 8 mai

 [http://raceroster.com/
events/2016/7012/38th-annual-fredericton-marathon](http://raceroster.com/events/2016/7012/38th-annual-fredericton-marathon)


 Fredericton, NB

 Super Series - 42.4km

 42.2km - 21.1km run and walk, 10km run and walk, 5km run and walk, Youth run

 See website

 8:00 AM - Queen St

 Saturday - May 7, 2016, 2:00 pm - 6:00 pm,
Sunday - May 8, 2016, 6:30 am - 7:30 am

 <http://www.frederictonmarathon.ca>


7 Les Pionniers course pour les mère/ Run for mothers

 Sun, May 08 / dim 8 mai

 Visit runnb.ca

 Quispamsis, NB

 Sanctioned

 5km - 1 Km pour enfants / Kids

 25\$

 10am - École des Pionniers

 8:45am - École des Pionniers

St-Isidore à Tracadie-Sheila

Demi-Marathon de l'Acadie

- April 3 / 3 avril
- Mai 1 / 1 mai
- June 5 / 5 juin
- July 3 / 3 juillet
- August 7 / 7 août

- Sept 4 / 4 septembre
- October 2 / 2 octobre
- Nov 6 / 6 novembre
- Dec 4 / 4 décembre

REGISTRATION FEE : \$15/
COÛT D'ENREGISTREMENT : 15\$

REGISTRATION/ENREGISTREMENT 09:00-09:30AM. PISCINE S.-A.-DIONNE — START/DÉPART 10:00AM

Flat course from St. Isidore to Tracadie-Sheila; medals for top 3 finishers m/f
Parcours de St-Isidore à Tracadie-Sheila sur un parcours relativement plat; médailles
Contact: Jean-Marie Breau, Tel: 506-395-5892, Email: jmb21km@hotmail.com;
or/ou Donald Wade, Tel: 506-395-2890, Email: donw@nb.sympatico.ca

www.demi-marathon.anb.ca

Miramichi River Runners

2016 Schedule

- April 10 Miramichi 5 mile 10am
May 1 Miramichi 10km 10am
June 5 Miramichi 5km 10am
July 17 Miramichi Irish Festival 5km 10am
August 7 Miramichi Mile 10am
August 14 Miramichi Mile 10am
September 4 Miramichi 5km 10am
September 18 Miramichi 5 mile 10am
October 2 Miramichi 5km 10am
October 9 Miramichi Cross Country 5km 10am
October 16 Miramichi Cross Country 5km 10am
November 6 Miramichi 10km 10am
November 13 Miramichi 5km 10am










All MRR races are \$5
Students run FREE











CONTACT KARL ROBICHAUD 773-5538

8

Saint John Airport 10k and 5k

	Sat, May 14 / sam 14 mai		https://raceroster.com/events/2016/7596/saint-john-airport-10k-5k-and-kids-fun-run
	Saint John, NB		Sanctioned
	10km - 5km and Kids Fun Run		\$ 35\$
	12:15pm - Atlantic Flight Center - Saint John Airport		Atlantic Flight Center
	http://fundysportstourism.com/saint-john-airport-10k/		










9 JJ Memorial Stanley Minor Hockey Homecoming Race

	Sat, May 21 / sam 21 mai		https://raceroster.com/events/2016/6860/jj-memorial-stanley-minor-hockey-homecoming-race-events
	Stanley, NB		Sanctioned
	21.1km - 5km, 10km, 21.1km, Kids free 1km		\$ 5k (\$40) 10k (\$50) 1/2 marathon (\$60)
	8:30am - 19 Centennial Lane, Stanley NB Agrena		TBA

» Sun, May 22 / dim 22 mai - Run for René 5km - Quispamsis, NB









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Hopewell Rocks 8k

	Sat, May 28 / sam 28 mai		Visit.runnb.ca
	Hillsborough, Hopewell Cape, NB		Sanctioned
	8km		\$ \$39.00 until Apr 30 & \$44.00 thereafter
	12.00pm due to Tide Times - Coach Car Park		From 10.00am - 11.30am - TBA
	https://raceroster.com/events/2016/7051/hopewell-rocks-multi-terrain-8k-race		










11

Florenceville-Bristol Beer Run

	Sat, May 28 / sam 28 mai		https://raceroster.com/events/2016/6926/florenceville-bris-tol-beer-run
	Florenceville-Bristol, NB		Sanctioned
	8km		\$
	10:00 AM - Railcar Brewing		-









12

YFC Runway Run

-  **Sat, May 28 / sam 28 mai**
 <https://raceroster.com/events/2016/6682/yfc-runway-run>
-  **Lincoln, NB**
 **Sanctioned**
-  **5km**
 **\$ \$30 till Dec. 31st; after that \$40**
-  **TBA - Runway of the Fredericton Airport**

-  <https://www.facebook.com/YFCRunwayRun>










13

Valley Christian Academy's Family Fun Run

-  **Sat, May 28 / sam 28 mai**
 [Visit runnb.ca](http://Visit.runnb.ca)
-  **Quispamsis, NB**
 **Sanctioned**
-  **5km - 1km and 500m dash for kids**
 **\$ \$20.00; 12 and under are free**
-  **Kids race 9:30, 5km 10am - Behind True Life Church (30 Vincent Road)**
 **9:00am**

14

Across Town for Crosswinds

-  **Sun, May 29 / dim 29 mai**
 <https://raceroster.com/events/2016/6704/across-town-for-crosswinds>
-  **Sussex, NB**
 **Super Series - 10km**
-  **10km - 5km, 21.1km, Kid's Fun Run**
 **\$ TBA**
-  **8:00am - 8th Hussars Sports Centre**
 **-**
-  <https://www.facebook.com/pages/Across-Town-for-Crosswinds/895922497119818?ref=hl>

15

Tour de la rivière Lucia Cormier

-  **Sun, May 29 / dim 29 mai**
 <http://www.events.runningroom.com/hm/index.php>
-  **Saint-Marie-de-Kent, NB**
 **Sanctioned**
-  **15km - 5km**
 **\$ 30\$**
-  **15 km Walk/Marche, 8h00 15 km Run/ Course 9h30, 5 km Run/Walk 10h00 - École Mont-Carmel**
 **7am - École Mont-Carmel**
-  <https://www.facebook.com/tourdelariviere.luciacormier?ref=nf>

» Sun, May 29 / sun 29 mai - BS Run 5km - Fredericton, NB

JUNE / JUIN

16 12th Annual River Valley Rave Run

📅 Sat, Jun 04 / sam 4 juin

🌐 Visit runnb.ca

📍 Grand Bay-Wfld, NB

🚩 Super Series - 5km

➔ 5km - Small Strides - 400m, 800m on school track

\$ 25 (Late fee: \$30)

🕒 11am - River Valley Middle School

✓ 9am - River Valley Middle School

17 Dr. Keating 5 & 5 Race

📅 Sat, Jun 04 / sam 4 juin

🌐 <http://raceroster.com>

📍 Miramichi, NB

🚩 Sanctioned

➔ 5 Miles - 5km and kids 1km

\$ TBA

🕒 10am - James M Hill High School Track

✓ -



SATURDAY, JUNE 4TH,
JMH High School, Miramichi, NB

Distance offered
5 miles, 5km *NEW* and kids 1km

Start time
10am



REGISTER AT : RACEROSTER.COM

For more info : sarahandjames@bellaliant.net or 506-625-4177

Army 10k

📅 Sat, Jun 04 / sam 4 juin

🌐 <http://www.events.runningroom.com/hm/index.php>

📍 Oromocto, NB

🚩 Sanctioned

➔ 10km - 5km

💰 25\$

🕒 9am - Base Gym Tennis Courts

✓ 8am - Main gym foyer building M-2

Bay of Fundy International Marathon*

26 June 2016



Half Marathon*
10K, Fun Run

bayoffundymarathon.com

* races cross the Canada-USA border

Two Countries, One Event Canada - USA

Campobello Island & Lubec

Boston qualifier, chip timing, certified courses
Not-for-profit event, great community support

Ocean and island views, scenic fishing villages

Bald eagles, seals, sometimes whales.

Lobsters, clams and other seafood.

Locally hand-crafted medals and awards

Childcare available locally

Plus

Bay of Fundy Running Challenge

Run one of the Canada-USA Bay of Fundy International races and one of the Marathon-by-the-Sea races in Saint John on 14/15 August to win Gold, Silver or Bronze awards in the Bay of Fundy Challenge. marathonbythesea.com



The BS Run

SUPPORTING TYPE ONE DIABETES RESEARCH

41st BS Run - April 3rd	- Crowne Plaza	- Distance: 5k	- Start: 10am	- Cost: \$5
42nd BS Run - April 24th	- Delta Fredericton	- Distance: 5k	- Start: 10am	- Cost: \$5
43rd BS Run - May 29th	- Angelview Park	- Distance: 5k	- Start: 9am	- Cost: \$5
44th BS Run - June 19th	- Delta Fredericton	- Distance: 5k	- Start: 9am	- Cost: \$5
The BS Run - August 28th	- Killarney Lake	- Distance: 5k	- Start: 10am	- Cost: \$30










FOR MORE INFORMATION OR HOW TO REGISTER, PLEASE CHECK: www.facebook.com/thebsrun

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The RES Family Run

-  **Sat, Jun 04 / sam 4 juin**
 Visit runnb.ca
-  **Rochesay, NB**
 **Sanctioned**
-  **2.5km - Kids 1km Fun Run**
 **20\$ adult, 5\$ Children, 40\$ family of 5**
-  **9:30 -**
 **7:30 - 9:15**

20 Rompin' Rockwood 25k and 50k trail race

-  **Sun, Jun 05 / dim 5 juin**
 <http://www.hackmataktrailracing.com/rompin-rockwood-25k50k.html>
-  **Saint John, NB**
 **Sanctioned**
-  **50km - 25km**
 **Jan 30-May 1 = \$40, May 2nd to June 2nd = \$50**
-  **8:00 am AST - Kiwanis A-Frame at the Fisher lakes beach in Rockwood Park**
 **online**
-  <http://www.hackmataktrailracing.com/rompin-rockwood-25k50k.html>

➤ Sun, Jun 5 / dim 5 juin - Demi-Marathon de l'Acadie - Tracadie, NB

➤ Sun, Jun 5 / dim 5 juin - Miramichi 5km - Miramichi, NB









21

MAF Flyin' Feet Five Miler

-  **Sat, Jun 11 / sam 11 juin**
 <http://raceroster.com/events/2016/6940/maf-flyin-feet-five-miler>
-  **Fredericton, NB**
 **Sanctioned**
-  **5 Miles - Kids 1km Fun Run**
 **\$40**
-  **10am, kids run at 9:30am - 913 Smythe Street (Smythe Street Cathedral)**
 **- 913 Smythe Street (Smythe Street Cathedral) Race kit pick up at 8:30-9:15am June 11th**
-  <https://raceroster.com/events/2016/6940/maf-flyin-feet-five-miler>

22

10km Chaleur Banque Nationale CKLE

-  **Sat, Jun 11 / sam 11 juin**
 <http://www.atlanticchip.ca>
-  **Beresford, NB**
 **Super Series - 10km**
-  **10km - 5km run-course & 5km walk-marche**
 **\$30.00 (10km & 5km run-courses), \$20.00 10km & 5km run-course students/étudiants, \$10.00 - 5km walk-marche**
-  **11am - Lingerie RSB, Petit-Rocher**
 **From 7am- 9am/ De 7am à 9am - Sportek Curling Club, Beresford, NB.**

In Support of:



3rd Annual



11 | SATURDAY | Smythe Street Cathedral
JUNE | 2016 | & Odell Park
10:00am START

Registration Check-In: 8:30-9:15 | Kids 1k Fun-Run: 9:30am
(Please note there is no same-day registration)



For additional information and to register, visit:
www.racerooster.com

Sponsored by: **Accreon**



\$150 Grand Prize
Awarded to the top
male and female finishers











This race is sanctioned by: **COURSE RUNNB**




To learn more about MAF (Mission Aviation Fellowship), visit www.mafc.org

» Sun, Jun 12 / dim 12 juin - Run for René 5km - Quispamsis, NB

23 10km Rhéal Haché de St-Isidore










-  Sat, Jun 18 / sam 18 juin  <http://www.atlanticchip.ca>
-  St-Isidore, NB  **Sanctioned**
-  10km - 5km  10km & 5km : 30\$ participants / 25\$ étudiants/students
-  10:00 - Complexe sportif Leopold Thériault  8:00 to 9:30am - Complexe sportif Leopold Thériault 21 rue de l'Arena St-Isidore NB

24 St. Andrews Father's Day 5 Miler










-  Sun, Jun 19 / dim 19 juin  <https://raceroster.com/events/2016/6786/st-andrews-fathers-day-race-2016>
-  St. Andrews, NB  **Super Series - 5 Miles**
-  5 Miles - Small Strides, Healthy Lives' Kids races with distances of 500m/1km  25\$
-  9:30am (kids), 10am (5 mile) - Sir James Dunn Academy High School  8:30 to 9:30am - Sir James Dunn Academy High School, King Street

» Sun, Jun 19 / sun 19 juin - BS Run 5km - Fredericton, NB

25 The Ultimate Runner (East Coast Games)




-  Fri, Jun 24 / ven 24 juin  <https://raceroster.com/events/2016/7677/the-ultimate-runner>
-  Saint John, NB  **Sanctioned**
-  1km hill, 5km track, 5km road, 5km trail  see website
-  varied (see website)  -
-  <http://www.feelinggoodnb.ca/ultimate.html>

26 2nd Annual Quispamsis PRO Kids Run and Swim

-  Sat, Jun 25 / sam 25 juin  <https://raceroster.com/events/2016/6795/2nd-annual-quispamsis-pro-kids-run-and-swim>
-  Quispamsis, NB  **Sanctioned**
-  5 km - 1km and 500 meter (kid's run)  \$5 (1km), \$20 (5km)
-  10:00 (1km kids run); 10:30 (5km) - Quispamsis Qplex  Online registration or day of from 8:00am-9:30am
-  <https://www.facebook.com/prokidsrun>




27

Miramichi Rock N Run

-  **Sun, Jun 26 / dim 26 juin**  Visit runnb.ca
 **Miramichi, NB**  **Super Series - 21.1km - \$\$\$**
 **21.1km - 10km walk/run or 5km walk/run** \$
 **8:00 AM - Miramichi Civic Centre** ✓ -
 <http://www.runmiramichi.ca>

28







Bay of Fundy International Marathon

-  **Sun, Jun 26 / dim 26 juin**  <http://www.raceroster.com>
 **Campobello Island, NB**  **Sanctioned**
 **42.2km - 21.1km, 10km** \$ Varies by event and time
 **07h00 - West Quoddy Head, Maine, USA** ✓ - Deadline for 10K is 25 June, online and at Lubec School.
 <http://www.bayoffundymarathon.com>

JULY / JUILLET







29

SUBWAY Restaurants Canada Day 10 Miler

-  **Fri, Jul 01 / ven 1 juil**  <http://new.raceroster.com/events/2015/4099/subway-canada-day-10-miler-10k>
 **Grand Bay-Wfld, NB**  **Super Series - 10 Miles**
 **10 Miles - 5km, 10km** \$ \$30, \$35 after June 20
 **9am - River Valley Rink** ✓ 7am

30

The 8th Annual Grand Falls Charity Run for the Valley SPCA La Vallee

-  **Sun, Jul 03 / dim 3 juil**  <http://www.runningroom.com>
 **Grand Falls, NB**  **Sanctioned**
 **10km, 5km - Kids 1km, Walk 5km** \$ Early Bird (Before June 19 10pm): Kids 1KM \$15, 5K \$25, 10K \$25). After June 19: Kids 1K \$20, 5K \$30, 10K \$30.
 Kids 1Km starts at 8:30, 5K and 10K starts at 9:00 A.M. - E & P Senechal Center - 60 Ouellette Street ✓ -



EVENTS

Register online at www.events.runningroom.com



ARE YOU UP FOR THE CHALLENGE?



HYPO 1/2
HYPOTHERMIC 1/2 MARATHON
JANUARY TO MARCH



32ND ANNUAL



20 MINUTE CHALLENGE | JULY 13th, 2016



TRAINING PROGRAMS

Register online at www.runningroom.com



RUN CLUB IS FREE – Join us every Sunday morning at 8:30 AM and Wednesday evening at 6:00 PM

Enjoy the social atmosphere and meet new friends while participating with instructors and group leaders to keep you on pace. Join us for the fun and motivation – for free! Sign up online for Run Club at www.runningroom.com and receive our weekly updates from your local store(s).

NOTE: These listings are tentative for the 2016 race season. All dates are subject to change.

Training Program Descriptions

Learn To Run: You've always wanted to run but don't know where to start. The Learn to Run program will teach you all you need to know about running in all kinds of weather, biomechanics, nutrition, goal setting, injury prevention, motivation, pacing and much more.

For Women Only: This women only program follows the Learn to Run training schedule and focuses on the needs of the female athlete. Join us for this unique training experience with women's health and wellness in mind.

5KM Training: You have the basics from the Learn to Run program and now you are ready to register for a 5K event. You will be introduced to the Running Room 10 and 1 (stress and rest) program and build on the Learn to Run program to reach your goal.

10 Miler: This program will take you beyond the 10K and prepare you for your next 10 Mile event.

10K Training: This training program is designed to prepare you for a 10K event. Whether you are new to 10K training or have a time goal in mind, this program will get you there. In this program you will be introduced to hill training and steady runs to build your training schedule.

Half-Marathon: In this 16 week program you will build on the benefits of the 10 and 1 training to include hill training, tempo running and speed work to build your training schedule. This program will take you beyond the 10K to your half marathon goals.

Marathon: If you are looking to complete a marathon or just experience the marathon training, this 18 week program is for you. This program adds to the half-marathon program and includes hill training, 10 and 1 training and speed work to help you build your marathon training schedule.

Walking Fitness, 5K Walk and 10K Walk

These fully integrated walking programs enhance the benefits of walking to turn it into a workout! Each training program is broken down into several levels for more challenge. Walkers of all levels can participate and enjoy the program together.

Walk Half Marathon and Walk Marathon

If the half marathon or marathon is your walking goal, this program is for you. These programs will introduce you to hill training, steady walks and speed training to help you build your program and reach your walking goals.

TRAINING PROGRAMS
ONLY \$69.99 PLUS TAX

For more information on our training programs please visit www.runningroom.com

For confirmation of training programs please contact the nearest Running Room Store.

Brunswick Square
137-1 Market Square
Saint John, NB E2L 4Z6
(506) 552-6946

Fredericton
Kings Place
Unit 26, 440 King Street
Fredericton, NB E3B 5H8
(506) 459-4440

Moncton
Landing at the Bend
300 Main Street
Moncton, NB E1C 1B9
(506) 386-6002








Printed in Canada, Revised February 24, 2016

» Sun, Jul 03 / dim 3 jull - Demi-Marathon de l'Acadie - Tracadie, NB









31 Course George Gallant 10KM Race

-  **Sat, Jul 09 / sam 9 jull**  <https://raceroster.com/>
-  **Shediac, NB**  **Super Series - 10km**
-  **10km - 5km; 1km; 100m** **\$**
-  **9:20 100 m; 9:30 1KM; 9:40 10KM; 9:50 5KM**  **8:00 AM - Louis-J.-Robichaud High School**

32 Course à pied "Bon Coeur"

-  **Sat, Jul 09 / sam 9 jull**  <http://festivalwesternnb.com/fr/formulaires/course-a-pieds>
-  **Saint-Quentin, NB**  **Sanctioned**
-  **10km - 5km & 2km** **\$**
-  **10h / 10:00am - École élémentaire Mgr Martin / Mgr Martin Elementary School**  **Entre 8h30 et 9h30 / Between 8:30am and 9:30am - École émentaire Mgr Martin au 15, rue Deschênes / Mgr Martin Elementary School, 15 Deschênes Street**

33 Run St Andrews

-  **Sun, Jul 10 / dim 10 jull**  <https://raceroster.com/events/2015/4866/run-st-andrews>
-  **St Andrews, NB**  **Sanctioned**
-  **10km - 5km** **\$**
-  **9.00am - Algonquin Hotel, St Andrews**  **7.00am - 8.30am - Adjacent to transition area on Prince of Wales at the Algonquin Hotel**
-  <https://raceroster.com/events/2016/7537/run-st-andrews-10k-5k>

34 Richibucto Run Runner Event

-  **Sat, Jul 16 / sam 16 jull**  <http://www.runningroom.com>
-  **Richibucto, NB**  **Sanctioned**
-  **10km - 5km** **\$ 35\$**
-  **9am - Town Hall**  **-**

35

10 K & 5 K Festival des Pêches et Aquaculture de Shippagan










-  **Sat, Jul 16 / sam 16 juil**
 Visit runnb.ca
-  **Shippagan, NB**
 **Sanctioned**
-  **10km - 5km course ou marche**
 **20\$ (5K & 10K) 10\$ (5K marche)**
-  **Passerelle Aquarium et Centre Marin**
 **8h-9h - Aquarium et Centre Marin**
-  <http://www.shippagan.ca>

» Sun, Jul 17 / dim 17 juil - Miramichi 5km - Miramichi, NB

» Sun, Jul 24 / dim 24 juil - Run for René 5km - Quispamsis, NB

36

Tim Hortons Joe McGuire Road Race

-  **Sat, Jul 30 / sam 30 juil**
 <http://www.raceroster.com>
-  **Woodstock, NB**
 **Sanctioned**
-  **10km - 5km Run and 5km walk**
 **Until July 15th: 10k Run-\$35, 5k Run-\$30, 5k Walk-\$10, 14yrs and under \$5; After July 15th: 10k Run-\$40, 5k Run-\$35, 5k Walk-\$10, 14yrs and under-\$5**
-  **8:30am - Woodstock Town Hall & Fire Station**
 -
-  <http://www.woodstocknbrecreation.com>

37

Fredericton Spirited Dash NB Day Running Weekend

-  **Sat, Jul 30 / sam 30 juil**
 Visit runnb.ca
-  **Fredericton, NB**
 **Sanctioned**
-  **1 Miles**

-  **6PM - TBD**
 -

38

Fredericton wine Run NB Day Running Weekend

-  **Sun, Jul 31 / dim 31 juil**
 Visit runnb.ca
-  **Fredericton, NB**
 **Sanctioned**
-  **5km -**


39

Brayons Cours

📅 Sun, Jul 31 / dim 31 juil

🌐 <https://www.inscriptionenligne.ca/brayons-cours/>

📍 Edmundston, NB

🏆 Super Series - 21.1km

🏃 10km - 21.1km, 5km, 3km et 1km samedi

💰 see registration online

🕒 8am - Palladium Arena 25 rue du Parc St-Jacques NB

✓ 8h30-9h45 - Sports Expert on Saturday 30 july. Palladium on Sunday 31 july

📱 <https://www.facebook.com/BrayonCours/>

AUGUST / AOÛT

40

Fredericton Beer Run NB Day Running Weekend

📅 Mon, Aug 01 / lun 1 août

🌐 <https://raceroster.com/dashboard/RaceDirector/Home.php?eid=6152>

📍 Fredericton, NB

🏆 Sanctioned

🏃 6km - 4km, 12km

💰 60\$

🕒 10AM - Delta Fredericton

✓ - Online only, no race day registration.



Dimanche 7 août 2016

Inscription en ligne disponible jusqu'au 6 août (30 \$):
<https://raceroster.com/events/2016/6984/le-5-km-de-lameque>

Information: 506-337-5479 (Éric)



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Now based out of **Fredericton** and **Halifax** to better serve the region, Atlantic Chip Sport Timing is Atlantic Canada's choice for sports timing and event services!

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Home of the Atlantic Chip online event calendar

WWW.ATLANTICCHIP.CA

CONTACT: TROY MUSSEAU 902-830-8730 TROY@ATLANTICCHIP.CA

41

Course Les Aventuriers Run



Sat, Aug 06 / sam 6 août



new.zone4.ca



Charlo, NB



Sanctioned



10km - 5km course/marche, 1km enfants de moins de 12ans



In advance/à l'avance: 10 km \$20.
5km \$15. 1km \$5. Race day/jour_e de course: 10km 25\$. 5km 20\$. 1km 5\$



10am - Les Aventuriers de Charlo ski club, 81 Aventuriers road.



8:30 to 9:30am - Centre de Développement Les Aventuriers Development Center 81 ch. Aventuriers Charlo



charloaventuriers.ca

42

🏆 5 Km de Lamèque



Sun, Aug 07 / dim 7 août



Visit runnb.ca



Lamèque, NB



\$\$\$ - Super Series - 5km



5km - 1km



10:30 - Roue du Capitaine, au 34 Rue Du Ruisseau, Lamèque, NB



At Roue du Capitaine au 34 Rue Du Ruisseau, Lamèque, NB / Check-in 8:45AM - 10:00AM



<http://raceroster.com/events/2016/6984/e-5-km-de-lameque>

» Sun, Aug 7 / dim 7 août - Demi-Marathon de l'Acadie - Tracadie, NB

» Sun, Aug 7 / dim 7 août - Miramichi Mile - Miramichi, NB

» Sun, Aug 7 / dim 7 août - Run for René 5km - Quispamsis, NB

43

Course Clarence Bastarache



Sat, Aug 13 / sam 13 août



Visit runnb.ca



Bouctouche, NB



Super Series - 10km



10km - 5km course ou marche / 5km run or walk



25\$ online - 30\$ race day



9:30am - Dune de Bouctouche Dunes



7:30 - 9:00 - Centre J.K. Irving Centre

44

10km Caisse Populaire Acadie



Sat, Aug 13 / sam 13 août



Visit runnb.ca



Caraquet, NB



Sanctioned



10km - 5km course ou marche / 5km run or walk, 1km



10 Km - 30\$, 5 Km - 25\$



10am - Édifice Martin-J.-Légère



8:00 - 9:30 - Édifice Martin-J.-Légère

» Sun, Aug 14 / dim 14 août - Miramichi Mile - Miramichi, NB









45

Marathon by the Sea Event Weekend

-  **Aug 12th to 14th / Du 12 au 14 août**
 <https://www.events.runningroom.com/applications/?raceId=12696&eventId=37896&vrindex=3>
-  **Saint John, NB**
 **Sanctioned**
-  **42.2km - 21.1km, 10km, 5km, kids run**
 Visit website for all prices.
-  **Various Start time on different days.**
 **Diamond Jubilee Cruise Terminal, 333 Water Street**
-  <http://www.marathonbythesea.com>

46

Chipman Summer Road Race

-  **Sat, Aug 20 / sam 20 août**
 Visit runnb.ca
-  **Chipman, NB**
 **Super Series - 10km**
-  **10km - 5km run/walk**
 **\$25:00 if register by August 6, 2016 otherwise \$30.**
-  **10am - Main Street across from Chipman Public Library**
 **8:30 to 9:30am - Chipman High School**

47

Rockwood @ Night

-  **Fri, Aug 26 / ven 26 août**
 <https://raceroster.com/events/2016/8188/rockwood-night>
-  **Saint-John, NB**
 **Sanctioned**
-  **5km**
 **60\$ for 2 runs**
-  **10pm/12 midnight - Rockwood Park**
 **-**
-  <https://www.facebook.com/events/823743224398529/>

» Sun, Aug 28 / sun 28 août - BS Run 5km - Fredericton, NB

RUN FOR RENÉ 5K

A 5k race every month

April 17, May 22, June 12, July 24, Aug 7, Sept 18, Oct 30

10AM Start time - Corner of Gondola Point Rd and Vincent Rd

SEPTEMBER / SEPTEMBRE

» Sun, Sep 4 / dim 4 sept - Demi-Marathon de l'Acadie - Tracadie, NB

» Sun, Sep 4 / dim 4 sept - Miramichi 5km - Miramichi, NB









48

Demi-Marathon Saint-François

-  Sun, Sep 04 / dim 4 sept  <https://www.inscriptionenligne.ca/demi-marathon-saint-francois>
-  St-François, NB  \$\$\$ - Super Series - 21.1km
-  21.1km - 8km, 5km, 3km, 1km - Marche 8km et 3 km  \$ 21.1km 35\$ - avant 27 aout
-  9am - Municipalité de Saint-François  ✓ 7h00 to 8h30


49

34th Annual Fall Classic

-  Sun, Sep 04 / dim 04 sept  Visit runnb.ca
-  Fredericton, NB  Sanctioned
-  - 21.1km, 10km, 5km and a 3km Middle School Challenge  \$
-  - Government House on the Woodstock Road  ✓ -

50

The Run for Shelter

-  Sat, Sep 10 / sam 10 sept  <http://www.runningroom.com>
-  Saint-John, NB  Sanctioned
-  5 Miles - 6km, 1km for youth  \$ \$25 Early Bird, \$30 Mid Point, \$35 Race Day
-  9am - Irving Nature Park  ✓ 8am - Onsite at the Nature Park.

51

Hampton Five Miler

-  Sun, Sep 11 / dim 11 sept  <http://raceroster.com/events/2016/6959/hampton-5-miler>
-  Hampton, NB  Sanctioned
-  5 Miles - 1km Kids' Race; 3km Run for 16 and under  \$ 5 Miler - Online registration \$25.00 until Sept 9th; Paper registration \$30.00 until Sept 2nd; Late registration \$35.00. Kids' Kilometre \$5.00. Three for Me 3K \$5.00
-  Kids' Km - 9:00 AM, 5 Miler - 10:00 AM, Three for Me 3K - 10:00 AM - Hampton High School, 37 Elizabeth Ave., Hampton, NB  ✓ 8:00 AM to 9:30 AM - Hampton High School on Race Day
-  <http://www.hamptonriverrunners.ca>



BATHURST 10 km & 5.5 km 2016

We are back this year with an awesome running experience planned for you as we are better than ever!

Be sure to mark September 11th, 2016 on your running calendar.

- Our 10 km race this year is a Provincial Championship run! In addition, it is also a Super Series event.
- This year we have a new category: A 5.5 km walk! Like the runners, walkers will receive a finisher's medal and we will be awarding the (3) Top Male and Female Walkers.
- Our race will be capped at 450, so please make sure to register early.
- The first 250 participants who register by August 22nd, 2016 midnight will receive a t-shirt.
- Register for our race at: <http://www.atlanticchip.ca/>

Come and enjoy a fantastic run in our beautiful city by the sea. We look forward to having you again this year!

Nous sommes de retour cette année avec une expérience de course impressionnante prévue pour vous mieux que jamais!

Soyez certain de marquer votre calendrier de course pour le 11 septembre, 2016.

- Cette année, notre course 10Km est une course championnat provincial ainsi que « Super Series Event ».
- Une nouvelle catégorie fut ajoutée cette année ; un 5.5 Km marche! comme les coureurs, les marcheurs recevront une médaille de fin de course et les trois premiers arrivés seront récompensés dans chaque catégorie soit hommes et femmes.
- Notre course prendra un maximum de 450 participants, donc, svp, assurez-vous de vous enregistrer à l'avance.
- Les premiers 250 participants qui seront enregistrés d'ici le 22 août 2016 avant minuit, recevront un t-shirt.
- Pour vous enregistrer pour notre course: <http://www.atlanticchip.ca/>

Venez profitez d'une course fantastique dans notre belle ville sur mer. Nous souhaitons vous recevoir à nouveau cette année!

52 Bathurst 10k - 5.5k Run / 5.5k Walk

 Sun, Sep 11 / dim 11 sept


 Visit runnb.ca

 Bathurst, NB

 Super Series - 10km

 10km - 5.5km Run - 5.5km Walk / Kids Race

 \$

 10am Kids Race / 11am 10k-5.5k run - walk - KC Irving Regional Center

 ✓ -

53 River & Trails & Ale

 Sat, Sep 17 / sam 17 sept

 Visit runnb.ca

 Saint John, NB

 Sanctioned

 12km - 5km

 \$

 10am - Rockwood Park

 ✓ TBA

» Sun, Sep 18 / dim 18 sep - Miramichi 5 Miles - Miramichi, NB

» Sun, Sep 18 / dim 18 sep - Run for René 5km - Quispamsis, NB



CHAUSSURES • ORTHÈSES
MCGRAW
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3^e ÉDITION DU

**10KM "CHAUSSURES
ORTHÈSES MCGRAW"
DE TRACADIE**

LE SAMEDI 24 SEPTEMBRE 2016

HEURE DE DÉPART: À 10H DE LA POLYVALENTE WAL DE TRACADIE

TYPES DE COURSES AU PROGRAMME: 5 ET 10KM COURSE,
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09.25.2016 RUN.WALK.RELAY.
**CROSSROADS
CARREFOUR**
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2 &
10K



Crossroads 2 & 10k

Sunday, September 25, 2016

Place 1604, Dieppe

Lace up your sneakers and make an impact! Crossroads for Women is proud to present the fifth annual Crossroads: Run, Walk, Relay. All proceeds raised at this event will help women and children break free from the cycle of violence and build a new life. Whether as an individual or as part of a team, please join us for one of the most meaningful 2 or 10K runs you've ever done!

To partner, register or donate visit:

crossroadsrelay.ca

Let's get moving!

Carrefour 2 & 10k

Le dimanche 25 septembre 2016

Place 1604, Dieppe










Enfilez vos espadrilles et changez les choses! Carrefour pour femmes est fier de présenter son cinquième événement annuel course, marche et relais. Toutes les recettes de cet événement aideront les femmes et leurs enfants à briser le cycle de la violence et à rebâtir leur vie. Venez vous joindre à nous, en équipe ou en solo, pour l'un des circuits de 2 ou 10 km, les plus importants que vous n'aurez jamais parcourus!

Participez, donnez ou commanditez:

relaiscarrefour.ca

*Bougez pour faire
une différence!*

54 Course 10km "Chaussure Orthèses McGraw"

-  **Sat, Sep 24 / sam 24 sept**  <http://raceroster.com/events/2016/7000/course-de-10km-chaussures-ortheses-mcgraw>
-  **Tracadie, NB**  **Super Series - 10km**
-  **10km - 5km run and 5km walk + 300m and 700m for kids**  **\$ 30\$**
-  **10ham - Polyvalente WAL**  **7h30am - 9h30am - Polyvalente WAL**
-  <https://www.facebook.com/Complexesportifmultifonctionnel/>

55 Crossroads Relay / Relais Carrefour

-  **Sun, Sep 25 / dim 25 sept**  <https://www.events.runningroom.com/>
-  **Dieppe/Moncton, NB**  **Sanctioned**
-  **10km 5 person relay / relais de 10km parcouru par 5 personnes - kids run and individual 2km**  **\$**
-  **9am - Dieppe Rotary Park / Parc Rotary de Dieppe**  **-**
-  <http://crossroadsrelay.ca>

OCTOBER / OCTOBRE

56 Clayton Memorial 5K

-  **Sat, Oct 01 / sam 1 oct**  [Visit runnb.ca](http://visit.runnb.ca)
-  **Grand Bay-Westfield, NB**  **Sanctioned**
-  **5km**  **\$**
-  **10:00 AM - River Valley Middle School**  **-**
- » **Sun, Oct 2 / dim 2 oct - Demi-Marathon de l'Acadie - Tracadie, NB**
- » **Sun, Oct 2 / dim 2 oct - Miramichi 5km - Miramichi, NB**

57 Sweet Caroline Run

-  **Sat, Oct 08 / sam 8 oct**  [Visit runnb.ca](http://visit.runnb.ca)
-  **Rothesay, NB**  **Sanctioned**
-  **10km - 2.5km**  **\$**
-  **10am - Rothesay High School, Rothesay, NB**  **8am-10am - Day of registration at Rothesay High School**
-  <http://www.sweetcarolinefoundation.ca>

FINISH



8TH ANNUAL ROTARY RUN/WALK FOR CHARITY

OCT 16, 2016 / ST. STEPHEN, NB

REGISTRATION STARTS @ 9AM

GANONG NATURE PARK, 350 TODDS POINT RD, DUFFERIN, NB

1K KIDS RUN - 5K RUN/WALK - 10K RUN

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CHARLOTTE COUNTY
HEARING HEALTH CARE CENTRE Inc.



58

The Dam Run

-  **Sat, Oct 08 / sam 8 oct**
 <http://www.events.runningroom.com/hm/index.php>
-  **Perth-Andover, NB**
 **Super Series - 10km**
-  **10km - 5km, Kids Fun 1km Run**
 **\$30 Adult - \$20 youth - \$10 kids 1km fun run**
-  Kids 1km Fun Run 10:30am, 5km & 10km 11:00am - River Valley Civic Centre
  **10:00am - River Valley Civic Centre**
-  <http://www.perth-andover.com>

59

Marathon Luc Gallant

-  **Sun, Oct 09 / dim 9 oct**
 Visit runnb.ca
-  **Kouchibouguac, NB**
 **Sanctioned - \$\$\$**
-  **21.1km - 10km and 5km**
 \$
-  - Kouchibouguac National Park
  -

60

IslandView Eagles 5K

-  **Sat, Oct 15 / sam 15 oct**
 Visit runnb.ca
-  **Saint John, NB**
 **Super Series - 5km**
-  **5km - 1km kids run**
 \$ **\$20**
-  **9:00 a.m. kids run; main event begins at 9:15 a.m. - IslandView School**
 **7:30 a.m.-8:30 a.m. - IslandView School**

61

Chimo 5km & 10km

-  **Sun, Oct 16 / dim 16 oct**
 Visit runnb.ca
-  **Fredericton, NB**
 **Sanctioned**
-  **10km - 5km**
 \$

62

Rotary 2016 Run/Walk for Charity

-  **Sun, Oct 16 / dim 16 oct**
 Visit runnb.ca
-  **St. Stephen, NB**
 **Sanctioned**
-  **10 km - 5km, Kid's Run**
 \$
-  **Ganong Nature Park**
 **9am**

THE RUNNING DEAD

OCTOBER 29TH
KILLARNEY
LAKE
LODGE
LE 29 OCTOBRE
PARKLON
ANNIVERSAIRE
ROTARY
DU LAC KILLARNEY

5K CHARITY
FUN RUN

5 KILOMÈTRES
COURSE DE
CHARITÉ << FUN RUN >>

Find us on 
THE RUNNING DEAD FREDERICTON



REGISTER ONLINE

bit.ly/therunningdead

63

🏆 IGT Legs for Literacy Courir pour Lire



Sun, Oct 23 / dim 23 oct


<http://www.runningroom.com> and
www.raceroster.com


Moncton, NB



Super Series - 21.1km

42.2km - 21.1km, 10km, 5km, Family
Run Walk, Marathon Relay\$30-\$90 depending on distance and
registration date - see web site8:00 AM - Main Street at Assumption
PlazaFinal registration at event EXPO at the Del-
ta Beausejour on Sat, Oct 22nd at 5 PM.
<http://www.legsforliteracy.com>

64

The Running Dead



Sat, Oct 29 / sam 29 oct

Visit runnb.ca

Fredericton, NB



Sanctioned



5km



45\$



Noon - Killarney Lake



10:00 AM - Killarney Lake Lodge


<https://www.facebook.com/TheRunningDeadFredericton/>

65

Spooktacular Halloween Run & Little Monster Dash



Sat, Oct 29 / sam 29 oct

Visit runnb.ca

Saint John, NB



Sanctioned



6.8km - 3.3km



tba

TBA - around dusk - Lake front at the
Little River Reservoir - The RezLittle River Reservoir, Loch Lomond
Road, Loch Lomond Road, Saint John
<http://fundysportstourism.com/>

» Sun, Sep 18 / dim 18 sep - Run for René 5km - Quispamsis, NB

NOVEMBER / NOVEMBRE

66

Run the River



Sat, Nov 05 / sam 5 nov


<http://www.atlanticchip.ca>


Nackawic, NB



Sanctioned



10km & 5km - 3km & 1km Kids Fun Run



TBA

9am/9:30am - Nackawic Shopping
Centre

-


<https://www.facebook.com/runtheriverNackawic>

- » Sun, Nov 6 / dim 6 nov - Demi-Marathon de l'Acadie - Tracadie, NB
- » Sun, Nov 6 / dim 6 nov - Miramichi 10km - Miramichi, NB
- » Sun, Nov 13 / dim 13 nov - Miramichi 5km - Miramichi, NB

DECEMBER / DECEMBRE

- » Sun, Dec 4 / dim 4 dec - Demi-Marathon de l'Acadie - Tracadie, NB



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ROAD RACING SERIES 2016 SERIES DE COURSE A PIED

#	FINISH TIME	NOTES & COMMENTS
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Les
Festivités
du
1/2 MARATHON
Saint-François-de-Madawaska, NB

SEPTEMBER
4TH
SEPTEMBRE

ÉVÈNEMENT DE L'ANNÉE 2015 PAR COURSENB/RUNNB
41ÈME ÉDITION ET MEMBRE DE SUPER SÉRIES

HORAIRE/SCHEDULE

07h00 à 8h30

9h00 **Trail** (Départ aux 12 km) - **Trail Experts** 21.1 km & 8 km

9h10 **Trail** (Départ aux 12 km) - **Trail Populaire** 5 km

9h20 **Trail** (Départ aux 12 km) - **Trail Populaire** 3 km & 1 km

12h15 **Trail** (Départ aux 12 km) - **Trail Populaire** 5 km

2000 \$ (2000 \$) - **Trail Populaire** 3 km & 1 km \$200.00

2000 \$ (2000 \$) - **Trail Populaire** 5 km \$200.00

INSCRIPTION EN LIGNE/ONLINE REGISTRATION

www.inscriptionenligne.ca/demi-marathon-saint-francois

Distance	Jusqu'au / Till Aug 27 août	28-Aug au/ to Sept 3 sept.	Le matin / Morning Of Sept 4 sept.	
Courses / Race				
21.1 km	35\$	40\$	45\$	Poulet Bar-B-Q Chicken
8 km	25\$	30\$	35\$	
5 km	20\$	25\$	30\$	
3 km	6\$	8\$	10\$	
1 km	3\$	3\$	3\$	
Marche / Walk				
8 km	15\$	20\$	25\$	
3 km	6\$	8\$	10\$	

T-Shirt aux 100 premiers inscrits/ T-Shirt to first 100 registered - Courses & Marche Sports Experts 21.1 & 8 km

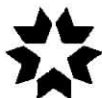
T-Shirt aux 100 premiers inscrits/ T-Shirt to first 100 registered - Course Caisses Populaires 5 km Race

Personne contacte: Gaétane Duval 506-992-2780

Email/Courriel: 9922780@nb.sympatico.ca

Informations supplémentaire sur le site de Course NB/

For more infor visit the RunNB website



**sports
experts**



2016 Races at a Glance / Survol des courses 2016

#1	Apr 10	Lorneville Loop 13k Run and Walk	Saint John	Super Series
#2	Apr 23	15km de Grande Digue	Grande Digue	Super Series
#3	Apr 23	12th Annual Brent Kelly Memorial 5 Mile Walk/Run	Saint John	Sanctioned
#4	Apr 30	Mercury Run 2016	Oromocto	Super Series
#5	May 07	Coeurs Chaud/Warm Hearts	Memramcook	Sanctioned
#6	May 08	🏆 Scotia Bank Fredericton Marathon	Fredericton	Super Series
#7	May 08	Les Pionniers course pour les mère/Run for mothers	Quispamsis	Sanctioned
#8	May 14	Saint John Airport 10k and 5k	Saint John	Sanctioned
#9	May 21	JJ Memorial Stanley Minor Hockey Homecoming Race	Stanley	Sanctioned
#10	May 28	Hopewell Rocks 8k	Hopewell Cape	Sanctioned
#11	May 28	Florenceville-Bristol Beer Run	Florenceville-Bristol	Sanctioned
#12	May 28	YFC Runway Run	Lincoln	Sanctioned
#13	May 28	Valley Christian Academy's Family Fun Run	Quispamsis	Sanctioned
#14	May 29	Across Town for Crosswinds	Sussex	Super Series
#15	May 29	Tour de la rivière Lucia Cormier	Saint-Marie-de-Kent	Sanctioned
#16	Jun 04	12th Annual River Valley Rave Run	Grand Bay-Wfid	Super Series
#17	Jun 04	Dr. Keating 5 & 5 Race	Miramichi	Sanctioned
#18	Jun 04	Army 10k	Oromocto	Sanctioned
#19	Jun 04	The RES Family Run	Rothsay	Sanctioned
#20	Jun 05	Rompin' Rockwood 25k and 50k trail race	Saint John	Sanctioned
#21	Jun 11	MAF Flyin' Feet Five Miler	Fredericton	Sanctioned
#22	Jun 11	10km Chaleur Banque Nationale CKLE	Beresford	Super Series
#23	Jun 18	10km Rhéal Haché de St-Isidore	St-Isidore	Sanctioned
#24	Jun 19	🏆 St. Andrews Father's Day 5 Miler	St. Andrews	Super Series
#25	Jun 24-25	The Ultimate Runner (East Coast Games)	Saint John	Sanctioned
#26	Jun 25	2nd Annual Quispamsis PRO Kids Run and Swim	Quispamsis	Sanctioned
#27	Jun 26	Miramichi Rock N Run	Miramichi	Super Series
#28	Jun 26	Bay of Fundy International Marathon	Campobello Island	Sanctioned
#29	Jul 01	SUBWAY Restaurants Canada Day 10 Miler	Grand Bay-Wfid	Super Series
#30	Jul 03	The 8th Annual Grand Falls Charity Run	Grand Falls	Sanctioned
#31	Jul 09	Course George Gallant 10KM Race	Shediac	Super Series
#32	Jul 09	Course à pied "Bon Coeur"	Saint-Quentin	Sanctioned
#33	Jul 10	Run St Andrews	St Andrews	Sanctioned
#34	Jul 16	Richibucto Rum Runner Event	Richibucto	Sanctioned
#35	Jul 16	10K & 5 K Festival des Pêches at Aquaculture de Shippagan	Shippagan	Sanctioned
#36	Jul 30	Tim Hortons Joe McGuire Road Race	Woodstock	Sanctioned
#37	Jul 30	Fredericton Spirited Dash--NB Day Running Weekend	Fredericton	Sanctioned
#38	Jul 31	Fredericton wine Run--NB Day Running Weekend	Fredericton	Sanctioned
#39	Jul 31	Brayons Cours	Edmundston	Super Series
#40	Aug 01	Fredericton Beer Run--NB Day Running Weekend	Fredericton	Sanctioned
#41	Aug 06	Course Les Aventuriers Run	Charlo	Sanctioned
#42	Aug 07	🏆 5 Km de Lamèque	Lamèque	Super Series
#43	Aug 13	Course Clarence Bastarache	Boucouteche	Super Series
#44	Aug 13	10km Caisse Populaire Acadie	Caraget	Sanctioned
#45	Aug 12-14	Marathon by the Sea Event Weekend	Saint John	Sanctioned
#46	Aug 20	Chipman Summer Road Race	Chipman	Super Series
#47	Aug 26	Rockwood @ Night	Saint-John	Sanctioned
#48	Sep 04	Demi-Marathon Saint-François	St-François	Super Series
#49	Sep 10	The Run for Shelter	Saint-John	Sanctioned
#50	Sep 11	Hampton Five Miler	Hampton	Sanctioned
#51	Sep 11	🏆 Bathurst 10k - 5.5k Run / 5.5k Walk	Bathurst	Super Series
#52	Sep 17	River & Trails & Ale	Saint John	Sanctioned
#53	Sep 24	Course 10km "Chaussure Orthèses McGraw"	Tracadie	Super Series
#54	Sep 25	34th Annual Fall Classic	Fredericton	Sanctioned
#55	Sep 25	Crossroads Relay / Relais Carrefour	Dieppe/Moncton	Sanctioned
#56	Oct 01	Clayton Memorial 5K	Grand Bay-Westfield	Sanctioned
#57	Oct 08	Sweet Caroline Run	Rothsay	Sanctioned
#58	Oct 08	The Dam Run	Perth-Andover	Super Series
#59	Oct 09	Marathon Luc Gallant	Kouchibouguac	Sanctioned
#60	Oct 15	IslandView Eagles 5K	Saint John	Super Series
#61	Oct 16	Chimo 5km & 10km	Fredericton	Sanctioned
#62	Oct 16	Rotary 2016 Run/Walk for Charity	St. Stephen	Sanctioned
#63	Oct 23	🏆 IGT Legs for Literacy Courir pour Lire	Moncton	Super Series
#64	Oct 29	The Running Dead	Fredericton	Sanctioned
#65	Oct 29	Spooktacular Halloween Run & Little Monster Dash	Saint John	Sanctioned
#66	Nov 5	Run the River	Nackawik	Sanctioned

EVENTS ARE SUBJECT TO CHANGE. REFER TO OUR WEB SITE FOR UPDATES /
TOUS LES ÉVÉNEMENTS SONT SUJETS A CHANGEMENT. RÉFÉREZ-VOUS À NOTRE SITE WEB
POUR MISES À JOUR ET RÉSULTATS.