

  
COURSE  
RUNNB

**RunNB.ca**  
*2008 Road Race Calendar*



**CourseNB.ca**

*Calendrier de course à pied 2008*

## **Comité Exécutif de CourseNB 2008**

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## **Benefits of being part of Run NB Road Racing**



1. **Run NB** promotes road running in New Brunswick by coordinating all the dates of the races throughout the Province within an organized structure to ensure that all runners are aware of the events being offered throughout the year.
2. **Run NB** publishes an annual race booklet for all NB road races. This booklet includes race information such as: dates of the races, starting times, location, distances, contact persons for the races, etc.
3. **Run NB** provides liability insurance for all organizers, volunteers and runners participating in any of the events sanctioned by Run NB
4. **Run NB** maintains a website where race information, race results, Super Series and Timex Race Standings and other pertinent NB road racing news can be found.
5. **Run NB** provides to its sanctioned events some or all of the following:
  - a. A Large Digital Numbers Finish Line Clock
  - b. Race Bib numbers
  - c. Timex Watches
  - d. Provincial Championship prize money
6. **Run NB** presents Annual Awards to the First Three Overall Winners in the Super Series Races in the seven age group categories, for both Male and Female.

**Join us and be part of the thousands of runners who do each year!**

## **Les avantages de faire partie de Course NB**



1. **Course NB** promouvoit la course à pied au NB tout en communiquant et coordonnant toutes les courses de façon structurée afin de permettre aux coureurs de planifier leur calendrier pour l'année.
2. **Course NB** publie un livret annuel comprenant l'information pertinente pour les courses à pieds au NB.
3. **Course NB** fournit de l'assurance-responsabilité pour tous les organisateurs, volontaires et coureurs participant à n'importe lequel de ces événements sanctionnés par Course NB
4. **Course NB** maintient un site web où vous pouvez y retrouver les résultats des courses, classements de la Super Série, et divers autres nouvelles touchant la course à pied au NB.
5. **Course NB** rend les items suivants disponible en entier ou en partie:
  - a) Horloge digitale pour la ligne d'arrivée
  - b) Dossards
  - c) Montres Timex
  - d) Des prix d'argent pour les Championnats Provinciaux
6. **Course NB** présente annuellement, des prix aux gagnants de la Super Série aux hommes et femmes pour les sept catégories. La Super Série a comme objectif d'encourager les coureurs à participer à plus d'événements.

**Venez-vous joindre des milliers de coureurs qui participent aux courses à pieds du N.-B.!**



## Chairperson's Message

It was 25 years ago that I had the bright idea to replace smoking with running. The sport of long distance running has transformed me, a shy and insecure young man, into an outgoing, more confident person. Running has been a positive influence on me and RunNB has played a big part in the many positive changes.

During this quarter century, I also witnessed RunNB go through many changes. From 1984, when I first began racing in NB, to today, the number of road race events has doubled, and female runners went from 15% to 50% of participants in NB races. The largest event used to have 150 to 200 runners; now we see events with over 1000 participants registered.

In 1996, RunNB saw for the first time, one of its young athletes represent Canada at the Atlanta Olympics and again in 2000 at the Sydney Olympics. Joel Bourgeois began running road races in NB with his father Paul Pierre back in 1983 at the age of 12. Patty Blanchard is another world class runner who has been a common presence in NB road races. Their success is at least in part, testament to the rich road racing fraternity in NB.

In recent years, RunNB events have worked hard and have succeeded in increasing kids' participation in the sport of running. In the last two years we witnessed the birth of Nordic Walking in RunNB events. Organizers are only limited by their own imagination as to how to involve participants from all walks of life to become physically active. I know we will see our sport to continue to grow in popularity in the next few years, with the innovative events all organizers are continuing to bring to the table.

As all of you are aware, RunNB has moved with the times and placed all the information on the Internet. The Run NB website continues to receive more hits each year. As the Chairperson, and on behalf of the RunNB committee, we certainly welcome any feedback that will improve the programs offered through RunNB.

In closing, let me wish you "Happy Feet" during the 2008 NB Road Racing Season!

Gilles Gautreau  
Chairperson



## Message du Président

Vingt-cinq ans passés, j'ai eu la brillante idée de remplacer la cigarette par la course. Dans le temps, j'étais un p'tit gars gêné et insécure mais la course m'a permis de gagner de la confiance et de l'estime de soi. La course de fond a eu une influence positive dans ma vie et CourseNB a joué un rôle important dans ces changements positifs.

Durant les 25 dernières années, j'ai été témoin des nombreux changements que CourseNB a encouru. Depuis 1984, mes débuts de compétition au NB, jusqu'à présent, le nombre d'événements de course à pied a doublé et les femmes coureuses ont passé de 15% à 50% des participants des courses à pied. Les plus grands événements comptaient environ 150 à 200 coureurs, maintenant nous pouvons surpasser 1000 participants lors d'événements grandioses.

En 1996, CourseNB voit un de leur jeune athlètes représenté le Canada aux Jeux Olympiques d'Atlanta et quatre ans plus tard, il participa aux Jeux de Sydney. En 1983, à l'âge de 12 ans, Joël Bourgeois faisait ses débuts en course à pied au NB avec son père, Paul-Pierre. Patty Blanchard est une autre super vedette qui a eu du succès au niveau mondial et elle aussi participe aux courses du NB depuis plus de 30 ans. Les événements de course au NB ont certainement contribué en partie au cheminement et au succès de ces athlètes.

Les dernières années CourseNB a mis beaucoup d'efforts et a réussi à augmenter la participation des jeunes lors de ses événements. Deux ans passés la marche nordique s'ajouta aux épreuves de CourseNB.

Je suis persuadé que la popularité de ce sport ne fera que s'accroître dans les années à venir et ce due aux idées innovatrices des organisateurs.

Comme vous avez pu le constater CourseNB a évolué avec le temps et place tout l'information sur son site web ([www.coursenb.ca](http://www.coursenb.ca)) qui reçoit de plus en plus de visite. En temps que Président et de la part du comité exécutif de CourseNB nous accueillons tout commentaire constructif afin d'améliorer les programmes offerts par CourseNB.

En terminant, je vous souhaite une excellente saison de course 2008.

Gilles Gautreau  
Président

## Alex Coffin's Fitness Shop

### **Welcome to the 2008 New Brunswick Road Racing Series**

There are over 45 exciting races which form the NB Racing Circuit. More than 20 of those races are designated as **Alex Coffin's Fitness Shop Super Series** where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2008.

**Previous Super Series winners are posted on Run NB's website  
([www.runnb.ca](http://www.runnb.ca))**

#### POINTS FOR SUPER SERIES RACES

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

#### **Age Categories:**

(Men + Women, age on December 31, 2008)

**19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+**



## **Bienvenue aux séries des courses à pied de Nouveau-Brunswick pour l'année 2008**

Cette année, Course NB comprends plus de 45 courses au calendrier. Plus de 20 de ces courses font partie de la "Super Série Alex Coffin's Fitness Shop". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débuta la saison, basée sur son âge au 31 décembre 2008.

**Les noms des anciens gagnants de la Super Série se retrouve sur le site web de Course N-B ([www.coursenb.ca](http://www.coursenb.ca))**

### **POINTS POUR LES COURSES SUPER SÉRIES:**

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

### **Catégories:**

(Homme + Femme, age au 31 decembre, 2008)

**-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+**





## Welcome to the 2008 Timex New Brunswick Road Running Series Bienvenue à la saison 2008 de la Série Timex de course sur route du Nouveau-Brunswick

TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT TO OUR ORGANIZATION. THANK YOU TIMEX!

TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES DE COURSE NB FOURNISSANT DES MONTRES ET DE L'AIDE FINANCIÈRE À NOTRE ORGANISATION. MERCI TIMEX!

### *What is the Timex Road Race Series?*

It is a series of seven races chosen by Run NB which are used to select NB's top distance runners and award prizes.

### *Qu'est-ce qu'est la série Timex des courses sur route?*

C'est une série de sept courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

### *How are points accumulated?*

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

### *Comment est-ce que les points sont accumulés?*

Pour chaque course, des points seront attribués comme suit: la première place reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de pointage sera déclaré le gagnant de la série Timex.

### *Are cash prizes awarded by Run NB?*

This year the athletes, both Male & Female, who finish 1st, 2nd & 3rd overall in any of the Timex Races will be given prizes of \$50, \$30 and \$25 respectively for each race.

### *Est-ce qu'il y a des prix d'argent de Course NB?*

Cette année les athlètes, mâle et femelle, qui finissent 1ers, 2èmes, et 3èmes dans n'importe laquelle des courses Timex seront donnés des prix de \$50,00, de \$30,00 et de \$25,00 respectivement.

**Timex Series Final, Run with the Champions 10km &  
TransCanada Canadian 10km Championships  
Saturday, October 18, 2008 - Ottawa, ON**

**Finale Des Séries Timex, Championnat du 10Km TransCanada &  
Couvrez avec les Champions  
Samedi 18 octobre 2008 - Ottawa, ON**

**<http://www.transcanada10km.ca/>**



# Alex Coffin's Fitness Shop

www.alexcoffin.com

Alex Coffin Fitness Shop is very proud to be a sponsor of RunNB, and considers the RunNB Super Series to be the strongest circuit in the country for runners of every level.

Alex Coffin Fitness Shop est fière d'être le commanditaire principal de CourseNB puisqu'il considère que les courses Super Séries offre un des meilleurs circuits de course à pied au pays pour tous les niveaux des coureurs.

## New in 2008! / NOUVEAUTÉ en 2008!

Sponsorship for us means going the extra mile for the Run NB Series...

Free shoes (!!) for every runner who runs all four of the following runs:

Être commanditaire de la Super Série CourseNB nous incite à offrir gratuitement une paire de espadrilles à tous les coureurs qui complètent les quatre courses ci-dessus:

- ★ St Andrews 5 Miler
- ★ George Gallant 10K
- ★ Chipman 10K
- ★ Demi-Marathon de St. Francois

Special Age Group Awards for running the following 5Ks:

Prix spéciaux pour des catégories d'âges lorsque vous courez les 5Km ci-dessus:

- ★ Lancaster 5K
- ★ K-Park 5K
- ★ River Valley Rave Run

Irving Oil Gift Certificate to any runner who does the following duos:

Certificat cadeau de Irving Oil pour tout coureur qui complete un duo parmi les choix ci-dessous:

- ★ Assumption Life Run and Catch the Bug
- ★ 10K Chaleur Banque Nationale and St Andrews or Do It for Dad
- ★ Grand-Bay Westfield 10 Miler and Towne Ford Rock'n'Run
- ★ George Gallant and Towne Ford Rock'n'Run
- ★ Race Against Reds and Hampton Five Miler
- ★ Fundy Rocks Half Marathon and KV Challenge Marathon

Please visit [www.alexcoffin.com](http://www.alexcoffin.com) for more information on store activities and products. Please also visit [www.marathoncanada.com](http://www.marathoncanada.com) for comprehensive regional road race rankings. If you would like to be involved in assisting with result collection, please contact the Alex Coffin Fitness Shop at [alex.coffin@marathoncanada.com](mailto:alex.coffin@marathoncanada.com).

On vous prie de visiter le site [www.alexcoffin.com](http://www.alexcoffin.com) pour plus de renseignements sur les activités et marchandise de course. Vous pouvez aussi visiter [www.marathoncanada.com](http://www.marathoncanada.com) pour des classements détaillés des courses à pied régionales. Si vous êtes intéressés d'aider à la compilation des classements, veuillez nous contacter au [alex.coffin@marathoncanada.com](mailto:alex.coffin@marathoncanada.com).

# Aliant

## **Aliant Futures Series**

The **Aliant Futures Series** is a new feature of RunNB, which started in 2007. It is a series of road races intended to encourage participation among younger runners.

Any race organizer of a RunNB sanctioned event can offer an **Aliant Futures Series** run that will take place during their sanctioned event. The **Aliant Futures Series** run is for distances of 1K up to 3K. It will be open to runners under 15 years of age. Participants cannot run in both the **Aliant Futures Series** run and another distance at the same event.

Event organizers may establish multiple age categories, as long as all participants are under 15 years of age. **Aliant Futures Series** medallions will be supplied to race organizers to award to all finishers. **Aliant Futures Series** bibs will be supplied to race organizers.

We hope all event organizers will consider implementing an **Aliant Futures Series** run.

## **Série Espoir d'Aliant**

La **Série Espoir d'Aliant** est une nouvelle initiative de CourseNB. Cette série débutera en 2007. Elle vise à encourager la participation chez les jeunes coureurs.

Tout comité organisateur d'une course sanctionnée par CourseNB peut offrir une course de la **Série Espoir d'Aliant**. Les distances vont de 1km mais ne dépassant pas 3km. Ces courses seront ouvertes aux coureurs de moins de 15 ans. Un coureur ne peut pas participer à la **Série Espoir d'Aliant** et à une autre course lors du même événement.

Les directeurs de courses peuvent établir des catégories d'âge comme il leurs convient. En autant que les coureurs ne dépassent pas 15 ans. Les médailles et les dossards de la **Série Espoir d'Aliant** seront fournies aux organisateurs des courses.

Nous invitons les organisateurs à mettre sur pieds des courses de la **Série Espoir d'Aliant** afin d'encourager les jeunes à faire de l'activité physique.

# **RunNB – Provincial Championships**

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## **WHAT ARE THE PROVINCIAL CHAMPIONSHIPS? 5 Races – 5 Distances**

For 2008 RunNB presents the following five Provincial Championship events:

1. **River Valley Rave Run** / Distance: 5k / Date: Saturday June 7, 2008
2. **Chaleur Banque Nationale** / Distance: 10k / Date: Saturday June 14, 2008
3. **Towne Ford Rock 'n Run** / Distance: Half Marathon / Date: Sunday July 6, 2008
4. **Hampton 5 Miler** / Distance: 8km / Date: Sunday September 7, 2008
5. **Legs for Literacy** / Distance: Marathon / Date: Sunday November 2, 2008

Earn double points in the Alex Coffin Fitness Shop Superseries  
Prize money goes to the top 3 overall male & female in each race

For more details, go to the RunNB website at:  
[www.anb.ca/indexRunNB.php?content=ProvincialChamps](http://www.anb.ca/indexRunNB.php?content=ProvincialChamps)

## **Championnats Provinciaux de CourseNB**

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## **QU'EST-CE QU'UN CHAMPIONNAT PROVINCIAL DE COURSENB? 5 Courses – 5 Distances**

Pour 2008, CourseNB inclura les cinq Championnats Provinciaux suivants:

1. **River Valley Rave Run** / Distance: 5k / Date: Le Samedi 7 Juin, 2008
2. **Chaleur Banque Nationale** / Distance: 10k / Date: Le Samedi 14 Juin, 2008
3. **Towne Ford Rock 'n Run** / Distance: Demi-Marathon / Date: Le dimanche 6 juillet, 2008
4. **Hampton 5 Miler** / Distance: 8km / Date: Le dimanche 7 septembre, 2008
5. **Legs for Literacy** / Distance: Marathon / Date: Le dimanche 2 novembre, 2008

Accumulez le double des points de la Superserie Alex Coffin Fitness Shop  
Prix monétaires aux 3 premiers finissants

Pour plus de renseignements, allez au site web de CourseNB:  
[www.anb.ca/indexRunNB.php?content=ProvincialChamps](http://www.anb.ca/indexRunNB.php?content=ProvincialChamps)

# Alex Coffin's **2008** Fitness Shop

## **Schedule Of Events** **Horaire des courses**

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.  
REFER TO OUR WEB SITE [WWW.RUNNB.CA](http://WWW.RUNNB.CA) FOR UPDATES & RESULTS.

TOUS LES ÉVÉNEMENTS SONT SUJETS AU CHANGEMENT. VÉRIFIEZ TOUJOURS AVEC  
LA PERSONNE DE CONTACT ET RÉFÉREZ-VOUS À NOTRE SITE WEB [WWW.COURSENB.CA](http://WWW.COURSENB.CA)  
POUR MISES À JOUR ET RÉSULTATS.

### KEY TO RACE INFORMATION



Date



Location / Lieu



Race Start  
Départ



Distance(s)



Registration  
Enregistrement



Registration Fee  
Coût d'enregistrement



Mailing  
Postale



Contact



Course Records



Provincial Championship



Race Status  
Statut des courses



Online Registration



Info



## St-Isidore à Tracadie-Sheila

# **Demi-Marathon de l'Acadie**

247e : Sun, May 4 / Dimanche, 4 mai  
248e : Sun, June 1 / Dimanche, 1 juin  
249e : Sun, July 6 / Dimanche, 6 juillet  
250e : Sun, August 3 / Dimanche, 3 août  
251e : Sun, September 7 / Dimanche, 7 sept  
252e : Sun, October 5 / Dimanche, 5 octobre  
253e : Sun, November 2 / Dimanche, 2 nov  
254e : Sun, December 7 / Dimanche, 7 dec

REGISTRATION/ENREGISTREMENT 09:00-09:30AM, PISCINE S.-A.-DIONNE – START/DÉPART 10:00AM

Flat course from St. Isidore to Tracadie-Sheila; medals for top 3 finishers  
Parcours de St-Isidore à Tracadie-Sheila sur un parcours relativement plat; médailles

Contact: Jean-Marie Breau, Tel: 506-395-5892, Email: [jmb21km@hotmail.com](mailto:jmb21km@hotmail.com);  
or/ou Donald Wade, Tel: 506-395-2890, Email: [donw@nb.sympatico.ca](mailto:donw@nb.sympatico.ca)

[www.demi-marathon.anb.ca](http://www.demi-marathon.anb.ca)

## April / avril 2008

### #1 BRENT KELLY MEMORIAL 5-MILER

	<b>Sat, April 26 / Samedi, 26 avril</b>		Sanctioned
	<b>Saint John, NB</b>		<i>Male:</i> Alex Coffin - 28:05 (2005) <i>Female:</i> Jessica Belliveau - 33:40 (2006)
	5 miles Run/Walk		Marta Kelly, Tel: 506-672-0911, Email: dvdros@nbnet.nb.ca
	09:00am, Irving Nature Park, Eastern end of Saints Rest Beach		Runners & Walkers welcome, T-Shirts for first 200. Draw Prizes. Course: Irving Nature Park - across the beach, clockwise around the park and return. Prizes for top 3 Male/Female
	www.atlanticchip.ca		
	\$20.00 (\$25.00 after April 16th) Family Registration: \$50 per family		

### #2 LE 15KM DE GRANDE-DIGUE

	<b>Sun, April 27 / Dimanche, 27 avril</b>		Sylvio C. Bourque, Tel. 506-576-7082, Email: sylcbourque@yahoo.ca
	<b>Grande-Digue, NB</b>		<i>Male:</i> Joël Bourgeois - 50:16 (2007) <i>Female:</i> Paula Keating - 59:58 (2007)
	3K, 15K		Scenic and fast course with downhill finish, T-Shirts (guaranteed until April 24th), spaghetti & chilli after the race, chip timing, post-race massage, draw prizes, race jackets for age group winners starting at \$500, cash awards for top 10 finishers (m/f), performance medals for all finishers, \$100 for new course record (m/f)
	11:00am, Grande-Digue Church		
	Race Day: École de Grande-Digue		
	Online Reg: www.runningroom.com		
	Pre-Reg \$30.00 (15K), late fee \$40		
	Timex #1 / Super Series #1 (15km)		

## May / mai 2008

### #3 LANCASTER 5K

	<b>Sat, May 3 / Samedi, 3 mai</b>		Super Series #2
	<b>Saint John, NB</b>		Alex Coffin, Tel. 506-696-3812, Email: alex.coffin@marathoncanada.com
	5K Road Race, Aliant ProKids 2.5K, Kids 400m (for younger children)		2.5K and 5K: \$25.00 (Late Fee \$30.00 after April 30th)
	10:00am; Start/Finish at St. Mark's United Church on Dexter		Free Mizuno running hat w/registration. Entry fee \$\$ raised go to Kiwanis, ProKids & St. Mark's. Childcare available. Flat & fast course - 2 loops of pure speed! Lots of awards & draw prizes. Nordic walkers and pets welcome.
	08:00 - 10:00am, St. Mark's United Church on Dexter		
	Online Reg: www.alexcoffin.com		

#4

**DAVE McAULAY 5K FOLLY****Sun, May 4 / Dimanche, 4 mai**

Ross Thomas, Tel. 506-364-2403, Email: [massarel@nbnet.nb.ca](mailto:massarel@nbnet.nb.ca) – or: John Peters, Tel. 506-364-2403, Email: [jpeters@mta.ca](mailto:jpeters@mta.ca)

**Sackville, NB**

5K Road Race

*Male:* Scott Simpson - 15:04*Female:* Abbie Porter - 19:47

2:00pm, MtA Athletic Centre



Race Day at 1:00pm, MtA Athletic Centre, corner of York & Landsdowne



Gently rolling hills within town limits with a downhill finish

*Parcours à petites côtes roulantes à l'intérieur des limites de la ville.*

Free! *Gratuit!*

Sanctioned

#5

**SCOTIABANK FREDERICTON MARATHON****Sun, May 11 / Dimanche, 11 mai**

5K & 10K \$25.00 / Half Marathon \$45.00 / Marathon \$55.00 / 2.2K Kids Race is Free (through your schools in Districts 17 & 18)

**Fredericton, NB**

42.2km, 21.1km, 10km, 5km, 2.2km Kids

*Marathon Course Records:**Male:* Chris Brake - 2:41 (2005)*Fem:* Pam Power-McKenna - 3:30 (2004)Start / *Départ:* Officers Square, Downtown

07:00am: Early Start Marathon /

*Premier Départ Marathon*

08:00am: Start Marathon, Half Marathon,

10km, 5km / *Départ Marathon,**Demi-Marathon, 10km, 5km*09:00am: Start 2.2km Kids Race / *Départ**course pour jeunes de 2.2km*

Super Series #3 (10K)

More info: [www.FrederictonMarathon.ca](http://www.FrederictonMarathon.ca)

NO Race Day Reg / *AUCUN* enregistrement ne sera accepter la journée de l'événement



ChampionChip timing, Tech T-Shirts, unique Finisher medals, meal, awards & prizes, race expo, scenic & flat course  
*ChampionChip, Tech T-Shirts, médailles aux finissant, repas, prix, l'expo sport, piste panoramique et plat*

Online Reg: [www.FrederictonMarathon.ca](http://www.FrederictonMarathon.ca)

#6

**GET YOUR BLOOD PUMPING 10K****Sun, May 18 / Dimanche, 18 mai**

Pre-Reg \$20.00  
Reg after May 1st: \$25.00

**Saint John, NB**

Garth Millar, Tel: 506-214-1085

Email: [garth@fundcycling.com](mailto:garth@fundcycling.com)

10km



Start/Finish at Canadian Blood Services (University Ave) with spectacular views over Rockwood Park Golf Course and Kennebecasis River. – Canadian Blood Services need your donations. Contact them at 1 888 236 6283 to schedule your appointment to give blood.



10:00am, Canadian Blood Services

Online Reg: [www.events.runningroom.com](http://www.events.runningroom.com)

Canadian Blood Services, University Ave, Millidgeville, Saint John



Sanctioned

#7

**FIDDLE N' FEET 5K**

Sat, May 24 / Samedi, 24 mai



Mary Beth Gorey, Tel: 506-454-3486



Fredericton, NB

Email: rolymary@nb.sympatico.ca



5km / 1km Kids



\$25.00 (Kids' Race \$5.00)



Kids' Race: 08:40am / 5K at 09:00am



Super Series #4 (5km)



Online Reg: www.atlanticchip.ca



Flat, scenic along the St. John River trail.  
Be entertained along the course and at the start/finish line by the group "Celtic Discovery Performing Troupe NB"



Race Day Reg: 07:30 - 08:45am,  
Officers Square, Queen St

#8

**K-PARK 5K**

Sun, May 25 / Dimanche, 25 mai



Sanctioned



Rothesay, NB



Andrea Tilley,  
Email: atilley@nbnet.nb.ca



5K, 1K



Flat Course! Part of the 5K Triple Crown with the Lancaster 5K and River Valley Rave Run. Lots of draw prizes and a great barbecue!! Nordic Walkers and pets are welcome! Funds raised will go towards IT equipment for K Park students.



Noon



11:00am - Noon, K-Park School



Online Reg: www.alexcoffin.com



\$20.00 (after May 4th no shirt)

#9

**MARCHE DE LA VIE / WALK OF LIFE**

Sat, May 31 / Samedi, 31 mai



Sophie Julie Thériault, Tel. 506-858-3779,  
E-mail: Sophie.Julie.Thériault@UMoncton.ca  
or: Julienne LeBlanc, Tel. 506-858-3779,  
E-mail: leblanju@umoncton.ca



Moncton, NB



2.5km Run/Walk &amp; 5km Run/Walk



T-Shirts for first 125 registered guaranteed, Run around Université de Moncton Campus, Start/Finish at Fieldhouse, awards – www.umoncton.ca/coeur  
T-shirts aux 125 premiers enregistrés, Course autour du Campus de l'Université de Moncton, départ-arrivé au Stade – www.umoncton.ca/coeur



11:00am, Stade/Fieldhouse, l'Université de Moncton



10:00am, Stade/Fieldhouse UDM












\$15.00



Sanctioned

# June / juin 2008

## #10 ROTHESAY ELEMENTARY SCHOOL 5K FUN RUN

	Sun, June 1 / Dimanche, 1 juin		TBA
	Rothesai, NB		Kodi MacGougan: Tel. 506-832-2144 E-mail: kodi.macgougan@nbed.nb.ca
	5km, 1km Kids Run		Sanctioned
	TBA		T-shirts
	TBA		

## #11 MARATHON DE LA BAIE DES CHALEUR

	Sun, June 1 / Dimanche, 1 juin		Pre-Reg.: \$40 for Marathon & Half-Marathon (Late Fee \$50 after May 1st). – 10km & 6km: \$30 (19 & over) or \$15 (18 & under)
	Charlo, NB		<i>Male:</i> Victor Hickey - 2:38:48 (2002) <i>Fem:</i> Pam Power-McKenna - 3:15:09 (2001)
	42.2km, 21.1km, 10km (SS), 6km		Super Series #5 (10km)
	9:00am (Marathon & Half Marathon), 9:05am (6km & 10km)		Scenic & flat course along Bay of Chaleurs, supper, finisher medals, certificates, T-shirts for 1st 75 participants
	Club de l'âge d'or de Charlo May 31st from 4:00 - 7:30pm, June 1st from 7:30 - 8:30am		<i>Parcours panoramique et plat suivant la Baie des Chaleurs, souper, repas chaud, médailles aux finissant du marathon et demi, T-Shirts pour les 75 premières inscriptions</i>
	Online Reg: <a href="http://eventsonline.ca">http://eventsonline.ca</a>		
	Jeannita Caron: Tel. 506-684-5133 (H), E-mail: jeannitacaron@hotmail.com		


## #12 RIVER VALLEY RAVE RUN

	Sat, June 7 / Samedi, 7 juin		Super Series #6 (5km)
	Grand Bay-Westfield, NB		\$20.00 (\$25.00 after May 25th)
	Main Event: 5km (Prov. Championship) 2km Kids (Future Series)		David Shiels, Tel: 506-738-6500 Email: david.shiels@nbed.nb.ca
	11:00am, RV Middle School Front Gate		Very flat - fastest 5K course in NB! T-Shirts for first 75 registered, age category medals, prize \$\$ to top 3 male & female finishers, draw prizes & snacks.
	Online Reg: <a href="http://www.events.runningroom.com">www.events.runningroom.com</a>		<i>Parcours plat et rapide, T-shirts (75 1er enregistrés), médailles</i>
	Race Day: 9:00am, River Valley Middle School		
	Provincial 5K Championship		













#13

**COURSE ASSOMPTION VIE**

	<b>Sat, June 7 / Samedi, 7 juin</b>		\$25.00 Individuals, \$45.00 per family
	<b>Dieppe, NB</b>		<i>Male:</i> Carol LaPage - 33:39 (2002) <i>Female:</i> Patty Blanchard - 37:36 (2002)
	10km, 5km Run & Walk, 1km Kids		Rachelle Landry, Tel: 506-857-9400, Email: rachelle.landry@assomption.ca
	TBA		or: Guylaine Gauvin, Tel: 506-857-9400, Email: guylaine.gauvin@assomption.ca
	TBA, Ecole Anna-Malenfant, 500 rue Centrale, Dieppe		ChampionChip Timing, flat & fast course <i>ChampionChip, Parcours plat</i>
	Timex #2 (10km), Super Series #7 (10km)		




#14

**CATCH THE BUG 10K**











	<b>Sun, June 8 / Dimanche, 8 juin</b>		Cheryl McConkey: Tel. 506-658-2854, E-mail: Cheryl.McConkey@saintjohn.ca
	<b>Saint John, NB</b>		Super Series #8 (10km)
	10km / 5km / 1km Kids		<i>Male:</i> Michel Boudreau - 32:23 (2000) <i>Female:</i> Leslie Carson - 36:56 (2002)
	10:00am, Market Square		Medals & prizes, Tech Shirts for first 150 <i>Médailles, T-shirt (1er 150 enregistrés)</i>
	08:00 - 09:30am, Market Square		
	Online Reg: <a href="http://www.events.runningroom.com">www.events.runningroom.com</a>		

#15

**10 KM CHALEUR BANQUE NATIONALE**

	<b>Sat, June 14 / Samedi, 14 juin</b>		Super Series #9 (10km),
	<b>Beresford, NB</b>		Male: Joel Bourgeois - 29:35 Female: Patty Blanchard - 35:49
	10km, 5km Run & Walk, 300m & 1K Kids Runs		Chip Timing, Flat & very fast, \$1.00 from each entry will be given to the Relay for Life (for cancer). T-Shirts (1st 200 registered), \$\$ for top 3 m & fem finishers in 10K, draw prizes, post race meal, 300m & 1km kids runs free (medals for kids). <i>Temps avec puce électronique, parcours plat et rapide, \$1.00 de chaque inscription sera donné au Relai pour la vie (pour le cancer). T-Shirts (les 200 1er enregistrés), bourses aux trois 1er finissants (H&amp;F) du 10k, prix de présences, repas; Course de 300m et 1km pour enfants, gratuit, chaque participant recevra une médaille</i>
	11:00 am		
	Fri, June 13 from 06:00 - 09:00 pm & Sat June 14 from 07:00 - 09:00 am		
	5K & 10K Run: \$25.00 / 5K Walk: \$10.00		
	Mario Boudreau, Tel. 506-783-7254, or: Denis St-Onge, Tel. 506-548-4137, Email: <a href="mailto:stonge.d@pg.com">stonge.d@pg.com</a>		
	Provincial 10K Championship		

**#16 ST. ANDREWS FATHER'S DAY ROAD RACE**

	<b>Sun, June 15 / Dimanche, 15 juin</b>		\$15.00
	<b>St. Andrews, NB</b>		Timex #3 (5mi) Super Series #10 (5mi)
	5 mi, 1.5 mi Aliant Future Series (free event)		<i>Male:</i> Jamie McSkimming - 25:33 (1981) <i>Female:</i> Michelle Cormier - 29:59 (1999)
	1.5 mi Aliant Future Series at 9:45 am, 5 mile race starts at 10:00 am, Sir James Dunn Academy High School		Same beautiful & challenging coastal course since 1979, trophies & medals, refreshments, draw prizes, ribbons for kids <i>Établie en 1979, un parcours panoramique côtier, trophées, médailles, rubans aux jeunes coureurs et prix de présences</i>
	8:30am - 9:45am, Sir James Dunn Academy High School, top of King St		
	Mike Power, Tel: 506-529-3065 (H), E-Mail: powermj@nbnet.nb.ca — or: Verne Cunningham, Tel: 506-529-3769		

**#17 DO IT FOR DAD 5K**

	<b>Sun, June 15 / Dimanche, 15 juin</b>		Daryl Steeves, Email: daryls@nb.sympatico.ca
	<b>Saint John, NB</b>		\$20.00 (\$25.00 after June 1)
	5K Run/Walk for Prostate Cancer Research, 1K Kids Event		Super Series #11 (5km)
	11:00am, Harbour Passage		Lunch & Snacks, prizes, flat & fast course, T-shirt (first 200 registered). All proceeds to Prostate cancer research & education <i>T-shirts (1er 200 enregistrés), goûter. Course plat &amp; rapide. Les profits seront remis à la société du cancer de la prostate.</i>
	9:30am, Market Square Boardwalk		
	Online Reg: <a href="http://www.atlanticchip.ca/events">www.atlanticchip.ca/events</a>		

**#18 ARMY 10K**











	<b>Sat, June 21 / Samedi, 21 juin</b>		5K & 10K: \$20.00 / Kids Race: Free
	<b>CFB Gagetown, Oromocto, NB</b>		Super Series #12 (10km)
	10km, 5km Run/Walk, Kids Run		<i>Male:</i> Asaf Rashid - 33:38 (2003) <i>Fem:</i> J. Bellavance-Leblanc - 42:45 (2003)
	Nordic Walkers at 08:45am, Runners at 9:30am		Course on Base Running Trails, medals, T-Shirts (for first 100), draw prizes <i>Parcours sur les sentiers de la base militaire, médailles, T-shirts (premier 100 enregistrés), prix de présences</i>
	07:45 - 08:45am, Base Gym		
	Dave Shirley, Tel: 506-422-2000 Ext 2425 — or: Jessica Hood, Tel: 506-422-2000 Ext 4174		

# July/ juillet 2008

## #19 GRAND BAY-WESTFIELD 10 MILER










	<b>Tuesday, July 1 / Mardi, 1 juillet</b>		Super Series #13 (10mi)
	<b>Grand Bay-Westfield, NB</b>		Alex Coffin, Tel. 696-3812, Email: alex.coffin@marathoncanada.com
	5km, Main Event 10 miler		
	9:00am		T-shirts (first 300 registered), Cash prizes for the new course records in the 10-miler, luncheon, draw prizes, awards. Nordic Walking category in the 10-miler.
	07:00 - 09:00am, River Valley Rink		<i>T-shirts (1er 300 enregistrés), goûter, prix de présences, repas</i>
	\$20.00 (\$25.00 after June 1st)		
	Online Reg: www.alexcoffin.com		











## #20 COURSE GEORGE GALLANT 10K











	<b>Sat, July 5 / Samedi, 5 juillet</b>		10K: \$20.00 / Kids Races: \$10.00
	<b>Shediac, NB</b>		Timex #4 (10km), Super Series #14 (10K)
	10km, Kids (6-14) 1km, Kids (0-5) 100m		Daniel Gallant, Tel: 506-743-7363, E-Mail: Daniel.Gallant@ent-kent.ca
	100m (Kids 0-5) - 9:30am, 1km (Youth 6-14) - 9:40am, 10km - 10:00am,		<i>Male: Randy Bullerwell - 31:25 (1991) Female: Patty Blanchard - 36:12 (1992)</i>
	8:00am - 9:30am, LJR High School		Fast course, T-shirts, awards, draw prizes, meal <i>Parcours rapide, T-shirts, trophes, plein de prix au hasard, repas</i>

## #21 TOWNE FORD ROCK 'N RUN











	<b>Sun, July 6 / Dimanche, 6 juillet</b>		Provincial Half Marathon Championship
	<b>Miramichi, NB</b>		Super Series #15 (21.1km)
	21.1km / 10km + 5km Run & Walk / Aliant Future Series Kids Run		Kirsten Scott, Email: kirstenmatthews@hotmail.com – or: Scott Cook, Email: activehealing@rogers.com
	8:30am, Linden Recreation Centre Kids Run: 11:00am		Pre-Reg: 5km \$25.00 / 10km \$30.00 / 21.1km \$40.00 – after June 1st, add \$10.00
	Note: No Race Day Registration!		ChampionChip timing, food, T-Shirts, entertainment <i>ChampionChip, goûter, T-shirts, musiciens</i>
	Online Reg: www.atlanticchip.ca		











#22 COURSE À PIED BON COEUR		
	<b>Sat, July 12 / Samedi, 12 juillet</b>	
	<b>St. Quentin, NB</b>	
	2km Kids / 5km / 10km	
	10:00am, Aréna de Saint-Quentin	
	8:30 - 9:30am, Aréna de Saint-Quentin	
	Mireille Caron, Tel: 506-235-3389 (H), E-mail: loisirs@saintquentin.nb.ca	
		Super Series #16 (10km) <i>Male:</i> Ynuk Bossé - 35:20 (2000) <i>Female:</i> Michelle Cormier - 38:00 (2001) Flat course, medals, draw prizes, T-Shirts, refreshments, medical services <i>Parcours rapide, médailles, T-shirts, prix de présences, goûter, services médicaux</i>

#23 TRC RUN FOR YOUTH		
	<b>Sun, July 13 / Dimanche, 13 juillet</b>	
	<b>Saint John, NB</b>	
	5km, 3.5km Walk	
	10:00am, Teen Resource Centre, Richmond St	
	9:00 - 9:30am, Teen Resource Centre, Richmond Street, Saint John	
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>	
		\$20.00 Stephanie Hoellwarth, Tel. 506-632-5615, Email: <a href="mailto:hoest@reg2.health.nb.ca">hoest@reg2.health.nb.ca</a> Sanctioned The Resource Centre for Youth is proud to present this family event, to help break the chain of poverty in Saint John. Draw prizes, child care services, awards and medals









#24 10KM CLARENCE BASTARACHE		
	<b>Sat, July 19 / Samedi, 19 juillet</b>	
	<b>Bouctouche, NB</b>	
	5km, 10km	
	10:00am	
	starting at 8:00am, École Dr-Marguerite-Michaud	
	Jean-Noel Allain, Tel: 506-743-5960	
	\$20.00	
		Super Series #17 (10km) <i>Male:</i> Gilles Gautreau - 34:03 (2005) <i>Female:</i> Patty Blanchard - 38:17 (2005) Flat oceanview course from Bouctouche Dune (Irving Eco-Centre) to MM School, medals, draw prizes, T-Shirts <i>Parcours plat avec vue de la mer, commence à la dune de Bouctouche (Irving Eco-Centre) et fini à l'école MM, médailles, beaucoup de prix de présences, T-Shirts</i>

#25 10KM RHEAL HACHE	
 <b>Sat, July 26 / Samedi, 26 juillet</b>  <b>Saint-Isidore, NB</b>  5km Walk / 10km Run  5:00pm  2:30 - 4:30pm, Complexe Léopold-Thériault, St-Isidore, NB  Albénie Losier, Tel. 506-395-5752, E-mail: benilosier@hotmail.com  \$20.00	 <i>Male:</i> Joel Bourgeois - 30:08 (1995) <i>Female:</i> Patty Blanchard - 35:14 (1993)  Timex #5 (10km), Super Series #18 (10km)  Course from Bois-Gagnon (Start) to Rec Centre St-Isidore (Finish), Meal, T-shirts, money prize, draw prizes. Free meal for runners & families <i>Départ de Bois-Gagnon, arrivée au Centre récréatif de St-Isidore, Repas, T-Shirts, prix monétaire et prix de présences. Repas gratuit pour les participants et leur famille</i>

#26 GRAND MANAN ROTARY 1/2 MARATHON	
 <b>Sat, July 26 / Samedi, 26 juillet</b>  <b>Grand Manan, NB</b>  21.1km / 10km  10:00am  06:00-08:00pm on July 25th or 09:00 to 9:45am on race day, Area 38, Ferry Wharf (or email chappy3@nbnet.nb.ca prior and pay when you arrive)  www.atlanticchip.com	 Shelley Cook, Tel: 506-668-8148, Email: chappy3@nbnet.nb.ca – or: Allyson MacDonald, Tel: 506-455-7789, Email: allyson.macdonald@scotiabank.com  10km: \$10.00 / Half Marathon: \$20.00  Sanctioned  Scenic ocean view run, medals, prize money for top finishers (m & fem) <i>Médailles, prix monétaire</i>

#27 JOE MCGUIRE ROAD RACE	
 <b>Sat, July 26 / Samedi, 26 juillet</b>  <b>Woodstock, NB</b>  5km Run & Walk / 10km Run  10:00am, Woodstock Town Hall  7:45 - 9:45am, Woodstock Town Hall  \$14.00 per person / \$35.00 per family	 Tom Muise, Tel. 506-325-9590, E-mail: muisetom@nb.sympatico.ca or: Joe McGuire, Tel. 506-328-6519  <i>Male:</i> Bob Everett - 30:56 <i>Female:</i> Patty Blanchard - 36:23  Sanctioned  Very flat course, awards, draw prizes <i>Parcours plat, repas, prix de présences</i>

# August / août 2008

#28	<b>BRAYON COURS</b>	
	Sun, August 3 / Dimanche, 3 août	 08:30am, 25, rue du Parc Saint-Jacques
	Edmundston, NB	 Donald Plourde, Tel. 506-735-3221
	5km, 10km	 Sanctioned
	10:00am	 Showers available

#29	<b>CHIPMAN NB DAY ROAD RACE</b>	
	Monday, August 4 / Lundi, 4 août	 \$18.00
	Chipman, NB	 Male: Bo McGillivray - 31:08 Female: Patty Blanchard - 37:51 (1992)
	5km Run/Walk, 10km Run	 Timex #6 (10km), Super Series #19 (10km)
	10:00am, Chipman Centre	 Fast course, T-shirts (first 75 reg), medals, awards, draw prizes, luncheon, refreshments <i>Parcours rapide, T-Shirt aux 75 premiers enregistrés, médailles, prix aux gagnants, prix de présences, goûter, rafraîchissements</i>
	8:00 - 9:30am, Chipman Forest Avenue School Gym	
	Brenda Barton, Tel: 506-339-5182 (H), 506-339-6601 (W), Fax: (506) 339-6197; E-mail: villchip@nbnet.nb.ca or: Bernie Sisk, Tel: 506-339-6047	

#30	<b>TOUR DE SAINT JOHN (3-DAY RACE)</b>	
	Fri, August 8 / Vendredi, 8 août (Event is run over 3 days)	 Sanctioned
	Saint John, NB	 Get a great view of the Saint John area with 5 legs over 3 days. See beautiful Menzies Lake, The Irving Nature Park, Frying Pan Lake in Rockwood Park, Spy Glass Hill and Kennebecasis River. Social events, awards. 18 yrs and over only. <i>Venez découvrir la beauté naturelle du coin de Saint Jean. L'évènement se passe durant 3 jours et comprend 5 stages. Certain des points d'intérêt inclus le lac Menzies, le Irving Nature Park, le Parc Rockwood, Spy Glass Hill et la rivière Kennebecasis. Activités sociale, prix. Participants doivent avoir 18 ans ou plus.</i>
	42.2km Stage Race	
	Fri, Aug 8th, 07:00 pm	
	Online Reg: <a href="http://www.atlanticchip.com">www.atlanticchip.com</a>	
	TBA	
	Daryl Steeves Email: <a href="mailto:daryls@nb.sympatico.ca">daryls@nb.sympatico.ca</a>	

#31

**JOHNSON'S TRU-VALUE 5 MILER**

Sat, August 9 / Samedi, 9 août



Sanctioned



Calais, Maine



John Rogers, Tel: 207-214-8792



5mi

E-Mail: calaisrec@midmaine.com

10:00am NB Time (9:00am Maine Time)  
at DiCenzo Athletic Complex, Calais Ave**Male:** Rorri Currie - 25:13 (1991)  
**Female:** Eunice Phillips - 32:37 (1991)up to 9:00am NB Time  
(8:00am Maine Time),  
Main Street Park, Calais, MEInternational event through 3 communities  
and two countries – scenic 5mi course is  
run on Canadian & American soil  
*Parcours intéressant qui passe sur le  
côté Canadien et Américain*

Pre-Reg \$10.00 / Race Day \$15.00

#32

**FUNDY ROCKS HALF MARATHON**

Sat, August 16 / Samedi, 16 août



\$35.00 / Late Fee \$45.00 (after July 14)



Fundy Trail, St Martins, NB



Alex Coffin, Tel. 506-848-4322,



5km, 10km, 21.1km

Email: alex.coffin@marathoncanada.com



10:00am



Super Series #20 (21.1km)

08:00 - 10:00am,  
Fundy Trail Interpretive CentreDemanding but very scenic course, \$5 from  
every entry will go to the St Joseph's Hospital  
Foundation, Asics Running Shorts, T-Shirts,  
special awards for 10km Nordic Walkers

www.alexcoffin.com

#33

**CONQUER THE CANUCK (NB EDITION)**

August 23+24 / 23+24 août



Sanctioned

Crabbe Mountain Ski Resort,  
Central Hainesville, near Fredericton, NBVarious Registration Fees for the various  
distances – please check the website  
<http://ctc.crrr.ca> for more info

Six long Trail Runs at various distances



- **Start Times for Saturday events:**

Event Info: [www.conquerthecanuck.com](http://www.conquerthecanuck.com)

- 8:00am: 50km Ultra Canuck

- 8:00am: 50km Ultimate Canuck, Stage 1

- 9:00am: 25km Trail Canuck

- 10:00am: 12.5km Trail Canuck



or contact Roy Nicholl (Race Director),

Tel: 506-471-4126, E-Mail: [Trail@CCRR.ca](mailto:Trail@CCRR.ca)

- **Start Times for Sunday events:**

- 8:00am: Ultimate Canuck, Stage 2

(42.2km Trail Marathon)

On-line Registration via the event website  
<http://ctc.crrr.ca> or [www.atlanticchip.ca](http://www.atlanticchip.ca)

**THE ULTIMATE CANUCK:** Run the 50km on Saturday & the 42.2km Marathon on Sunday, for a total of 92.2km. Finishing both of these races qualifies you as an "Ultimate Canuck".











**L'ULTIME CANUCK:** Les coureurs qui complètent la course de 50km le samedi et le 42.2km le dimanche ce qualifie à porter le titre du « Ultime Canuck ».

## #34 UNB RACE AGAINST THE REDS

	<b>Sat, Sept 6 / Samedi, 6 sept</b>		TBA, 1km Kids free
	<b>Fredericton, NB</b>		Derek Ferguson, Tel . 506-292-0229, Email: t9c13@unb.ca
	1km Kids, 5km (Teams & Individuals)		Super Series #21 (5km)
	Kids 1km at 9:30am, 5km at 10:00am at Odell Park, Fredericton, NB		Gently rolling loops through Odell Park, \$\$ for top 3 finishers, awards, draw prizes, post-race BBQ
	08:00 - 09:00am, Odell Park Lodge		<i>Parcours à boucles avec pentes douces à travers le parc Odell, prix mérites et présence</i>
	<a href="http://trackiereg.ca/Run/event.php?id=37">http://trackiereg.ca/Run/event.php?id=37</a>		

## September / septembre 2008

### #35 HAMPTON FIVE MILER

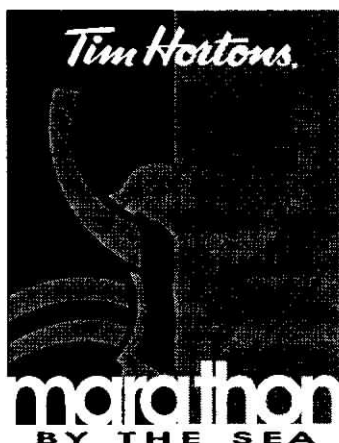
	<b>Sun, Sept. 7 / Dimanche, 7 sept.</b>		Super Series #22 (5 mile)
	<b>Hampton, NB</b>		Lloyd English, Tel. 506-832-5146, E-mail: lenglish@nbnet.nb.ca
	5mi, 1km (Kids)		<i>Male: Joel Bourgeois - 25:53 (2007) Female: Elita Rahn - 31:24 (2004)</i>
	10:00am, Hampton High School		Scenic course, T-shirts, awards <i>Parcours panoramique, T-Shirts, prix aux gagnants</i>
	TBA, Hampton High School		
	Provincial 8km Championship		

### #36 FALL CLASSIC ROAD RACE

	<b>Sun, Sept. 21 / Dimanche, 21 sept.</b>		Timex #7 / Super Series #23 (10km)
	<b>Fredericton, NB</b>		<i>Male: Bob Everett - 31:00 (1986) Female: Patty Blanchard - 34:50 (1984)</i>
	10km, 5km Run/Walk, 5km High School Invitational, 3km Middle School Invitational 5km Corporate Challenge		E-mail: RaceDirector@FallClassic.ca Event Info at: <a href="http://www.FallClassic.ca">www.FallClassic.ca</a>
	MS 3km – 9:45am / HS 5km – 10:15am / 5km, 10km & Corporate Chall. – 11:00am All events start at Queens Square Park		The course is a flat, fast, out-n-back from downtown Fredericton, across the Saint John & along the Nashwaak River, T-shirts, medals, draw prizes, luncheon <i>Parcours aller-retour au centre-ville de Fredericton est plat et rapide traverse la rivière St. Jean et longe la rivière Nashwaak, T-shirts, goûter, médailles, prix de présences</i>
	Pre-Reg in person: Tri-Athlete, Kings Place Race Day: Queens Square, starting 8:00am		
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		
	MS 3km & HS 5km: \$10.00 / Corporate Challenge & 5km: \$15.00 / 10km: \$20.00		



# Marathon By The Sea



**Sept. 27 & 28, 2008**

**14 Years Running**

PO Box 7001, Saint John, NB, E2L 4S4

Tel (506) 642-5555

Fax (506) 693-7799

[www.marathonbythesea.com](http://www.marathonbythesea.com)

## **Tim Hortons Marathon By The Sea Event Weekend**

Join us for Saint John's Premier Event Weekend of Fitness, Family & Fun while exploring Canada's oldest incorporated city in a festive atmosphere of down home maritime hospitality. Enjoy a cool breeze from the Bay of Fundy while experiencing our past and future in the north, south, east and west side communities of Saint John.

### **There's something for Everyone!**

- ★ Marathon ★ Half Marathon ★ Half Marathon Nordic Walk ★
- ★ 10K Run and Nordic Walk ★ 5K Run and Walk ★
- ★ Kid's Timbits Run ★ Pasta Dinner ★

**Don't Miss this event!**

**Join us September 27 & 28, 2008**

**[www.marathonbythesea.com](http://www.marathonbythesea.com)**

Contact Info:

Tel (506) 642-5555 / Fax (506) 693-7799

E-mail: [info@marathonbythesea.com](mailto:info@marathonbythesea.com)

Online Reg: [www.events.runningroom.com](http://www.events.runningroom.com)

**#37 TIM HORTONS MARATHON BY THE SEA****September 27-28 / 27-28 septembre**

Pre-Reg Fees: Timbits 2km – \$5.00 /  
 5km – \$25.00 / 10km – \$35.00 /  
 Half Marathon & Marathon \$55.00  
 (Late Fees apply after June 30 & Sept 25)

**Saint John, NB**

Running Room 5km, Dempsters 10km,  
 Half Marathon, Half Marathon Nordic Walk,  
 Marathon, Timbits 2km Kids Run



**Marathon:**  
*Male:* Alex Coffin - 2:35:02 (1998)  
*Female:* Donna Lockett - 2:58:11 (1997)  
**Half-Marathon:**  
*Male:* Paul Morrison - 1:14:28 (1996)  
*Female:* Lavina Gough - 1:24:23 (2000)



5km starts Saturday at 04:00 pm;  
 All other events Sunday at 08:00 am



Registration and packet pick up:  
 Sat, Sept. 27 from 09:00 am – 07:00pm  
 Sun, Sept. 28 from 06:30 am – 07:30 am



**See MBTS advertisement on Page 23**  
 The Marathon By The Sea has moved to  
 the fall with new events & a new course!  
 ChampionChip Timing, T-Shirts, medallion,  
 day care service, certificate, entertainment,  
 pre & post meals, Aquatic Centre pool pass  
*Chronométrage ChampionChip, T-Shirts,  
 médailles, certificats, distraction, repas  
 la soirée avant la course et repas durant  
 la cérémonie, pass au Centre Aquatic,  
 service de garderie*



MBTS – Tel. 506-642-5555,  
 E-mail: info@marathonbythesea.com  
 or: David Baxter, Tel 506-642-5555,  
 E-mail: run.with.it@marathonbythesea.com



Online Reg: www.events.runningroom.com  
 or: www.marathonbythesea.com



Sanctioned

**October / octobre 2008****#38 THE DAM RUN****Sat, October 4 / Samedi 4 octobre**

Jason Walsh, Tel. 506-273-4978  
 E-mail: jason.walsh@perth-andover.com

**Perth-Andover, NB**

10km, 5km, 1km (Kids)



Super Series #24 (10km)



10:00am Start Kids Race,  
 11:00am Start for 5km & 10km



Run along the scenic St. John River to the  
 Tobique Dam. Have fun and enjoy nature.  
 T-Shirts and great prizes!



09:30am Kids Race, 10:00am 5km & 10km,  
 River Valley Civic Centre

*Parcours panoramique le long de la  
 rivière St. Jean qui se cours sur le barrage  
 Tobique. T-Shirts et prix!*



\$25.00 Adults / \$10.00 Students










**#39 ISLAND VIEW EAGLES 5KM**

	<b>Sat, October 12 / Samedi 12 octobre</b>		Trina Goguen, E-mail: <a href="mailto:gogie@nb.sympatico.ca">gogie@nb.sympatico.ca</a>
	<b>Saint John, NB</b>		Super Series #25 (5km)
	5km, 1km (Kids)		T-Shirts for 1st 100 (5km event), fast course, draw prizes, awards
	09:00am for Kids Run 09:30am for 5km Run		<i>T-Shirt aux 100 premiers enregistrés, course rapide, prix de présences, prix aux gagnants</i>
	07:00 - 08:30am, Island View School		
	\$2.00 Kids Run / \$25.00 for 5km		

**#40 KV FIELDS 5K**

	<b>Sat, October 12 / Samedi 12 octobre</b>		Alex Coffin, Tél. 506-848-4322, Email: <a href="mailto:alex.coffin@marathoncanada.com">alex.coffin@marathoncanada.com</a>
	<b>Quispamsis, NB</b>		\$20.00 (includes hat)
	5km		Sanctioned
	10:00 am		Demanding course but the best finish of any race in the province!! T-Shirts, awards
	At the stores		
	Online Reg: <a href="http://www.alexcoffin.com">www.alexcoffin.com</a>		

**#41 COAST TIRE KVC MARATHON**

	<b>Sun, October 19 / Dim, 19 octobre</b>		Sanctioned
	<b>Quispamsis, NB</b>		T-shirts (first 180 registered guaranteed), \$400 cash prize for top finishers m + fem.
	42.2km, Relay		Point to point course from Bloomfield along the Kennebecasis River to Rothesay.
	9:00am, Bloomfield		<i>T-shirts (les 180 1er enregistrés), 400 \$ prix monétaire, course commence à Bloomfield et longe la rivière Kennebecasis jusqu'à Rothesay</i>
	TBA		
	TBA		
	\$45.00		

## #42 LEGS FOR LITERACY MARATHON

	<b>Sunday, Nov. 02 / Dimanche, 02 nov.</b>		Super Series #26 (42.2km)
	<b>Moncton, NB</b>		Marie Wilson, Tel: 506-387-5919 Email: <a href="mailto:legsforliteracy@rogers.com">legsforliteracy@rogers.com</a>
	Marathon, Half Marathon, 10km, 5km plus 2.2km Aliant Futures Series event (on Saturday at noon at Centennial Park)		Marathon: \$55.00 / Half Marathon: \$45.00 / 10K: \$30.00 / 5K: \$25.00 / Students \$20.00 any event! (Late Fees will apply after Oct 10)
	Marathon starts at 8:00am / Half Marathon at 9:00am / 10km at 9:30am / 5km at 10:00am Start/Finish all events: High School, 999 St George Blvd, Moncton, NB		21.1K Male: Alex Coffin - 1:16:21 (2004) 21.1K Female: Elita Rahn - 1:26:51 (2004)
	Absolutely <b>NO</b> Race Day Registration!		Check event info at <a href="http://www.legsforliteracy.com">www.legsforliteracy.com</a> Chip timing, post race meal, T-Shirts, expo, awards, refreshments. Walkers welcome in all events (marathon walkers start at 7:00am) <i>Chronométrage ChampionChip, goûter, prix aux gagnants, T-Shirts, marcheurs sont invités (marche du marathon débute à 7:00am)</i>
	Online Reg: <a href="http://www.runningroom.com">www.runningroom.com</a>		
	Provincial Marathon Championship		

**REMEMBER:**  
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[WWW.COURSENB.CA](http://WWW.COURSENB.CA) POUR  
MISES À JOUR ET RÉSULTATS.

## 2007 SUPER SERIES AGE CATEGORY WINNERS

CAT.	NAME/CITY	POINTS	CAT.	NAME/CITY	POINTS
- 19	Evan Arseneault, Saint John	395	- 19	Jocelyn Lockhart, Bathurst	350
20-29	Evan Hachey, Saint John	1051	20-29	Gillian Reid, Hampton	295
30-39	Alex Coffin, Saint John	870	30-39	Marta Kelly, Saint John	522
40-49	Glenn Trites, Rothesay	665	40-49	May Collin-Beaulieu, Saint John	674
50-59	Malcolm Boyd, Saint John	1135	50-59	Claudette Maltais, Charlo	628
60+	Phil Booker, Fredericton	1315	60+	Rose Leger, Hampton	100

## 2008 ALEX COFFIN'S FITNESS SHOP SUPER SERIES RACES

SS	DATE	RACE	LOCATION	RACE	PAGE
#1	APR 27	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	#2	11
#2	MAY 3	LANCASTER 5K	SAINT JOHN, NB	#3	11
#3	MAY 11	SCOTIABANK FREDERICTON MARATHON	FREDERICTON, NB	#5	12
#4	MAY 24	FIDDLE 'N FEET 5K	FREDERICTON, NB	#7	13
#5	JUN 1	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	#11	14
#6	JUN 7	RIVER VALLEY RAVE RUN (PROV. 5KM)	GRAND BAY WFLD, NB	#12	14
#7	JUN 7	COURSE ASSOMPTION VIE	DIEPPE, NB	#13	15
#8	JUN 8	CATCH THE BUG	SAINT JOHN, NB	#14	15
#9	JUN 14	CHALEUR BANQUE NATIONALE (PROV. 10KM)	BERESFORD, NB	#15	15
#10	JUN 15	ST. ANDREWS FATHER'S DAY ROAD RACE	ST. ANDREWS, NB	#16	16
#11	JUN 15	DO IT FOR DAD	SAINT JOHN, NB	#17	16
#12	JUN 21	ARMY 10 K	CFB GAGETOWN, NB	#18	16
#13	JUL 1	GRAND BAY WESTFIELD 10-MILER	GRAND BAY WFLD, NB	#19	17
#14	JUL 5	GEORGE GALLANT ROAD RACE	SHÉDIAC, NB	#20	17
#15	JUL 6	TOWNE FORD ROCK 'N RUN (PROV. 21.1KM)	MIRAMICHI, NB	#21	17
#16	JUL 12	COURSE À PIED « BON COEUR »	SAINT-QUENTIN, NB	#22	18
#17	JUL 19	10KM CLARENCE BASTARACHE	BOUCTOUCHE, NB	#24	18
#18	JUL 26	10KM RHEAL-HACHE	ST-ISIDORE, NB	#25	19
#19	AUG 4	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#29	20
#20	AUG 16	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	#32	21
#21	SEP 6	UNB RACE AGAINST THE REDS	FREDERICTON, NB	#34	22
#22	SEP 7	HAMPTON 5 MILER (PROV. 8KM)	HAMPTON, NB	#35	22
#23	SEP 21	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#36	22
#24	OCT 4	THE DAM RUN	PERTH-ANDOVER, NB	#38	24
#25	OCT 12	ISLAND VIEW EAGLES 5KM	SAINT JOHN, NB	#39	25
#26	NOV 2	LEGS FOR LITERACY (PROV. MARATHON)	MONCTON, NB	#42	26

## 2008 TIMEX SERIES RACES

DATE	RACE	LOCATION	RACE	PAGE
#1	APR 27	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	#02 11
#2	JUNE 7	COURSE ASSOMPTION VIE	DIEPPE, NB	#13 15
#3	JUN 15	ST. ANDREWS FATHERS' DAY ROAD RACE	ST. ANDREWS, NB	#16 16
#4	JUL 5	COURSE GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#20 17
#5	JUL 26	10 KM RHEAL HACHE	SAINT-ISIDORE, NB	#25 19
#6	AUG 4	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#29 20
#7	SEP 21	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#36 22

#1	APR 26	BRENT KELLY MEMORIAL 5-MILER	SAINT JOHN, NB	SANCTIONED
#2	APR 27	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	SS / TIMEX
#3	MAY 3	LANCASTER 5K	SAINT JOHN, NB	SUPER SERIES
#4	MAY 4	DAVE MACAULEY 5K FOLLY	SACKVILLE, NB	SANCTIONED
#5	MAY 11	SCOTIABANK FREDERICTON MARATHON	FREDERICTON, NB	SUPER SERIES
#6	MAY 18	GET YOUR BLOOD PUMPING 10K	SAINT JOHN, NB	SANCTIONED
#7	MAY 24	FIDDLE 'N FEET 5K	FREDERICTON, NB	SUPER SERIES
#8	MAY 25	K-PARK 5K	ROTHESAY, NB	SANCTIONED
#9	MAY 31	MARCHE DE LA VIE / WALK OF LIFE	MONCTON, NB	SANCTIONED
#10	JUN 1	ROTHESAY ELEMENTARY SCHOOL 5K	ROTHESAY, NB	SANCTIONED
#11	JUN 1	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	SUPER SERIES
#12	🏆 JUN 7	RIVER VALLEY RAVE RUN (PROV. 5KM)	GRAND BAY WFLD, NB	SUPER SERIES
#13	JUN 7	COURSE ASSUMPTION VIE	DIEPPE, NB	SS / TIMEX
#14	JUN 8	CATCH THE BUG	SAINT JOHN, NB	SUPER SERIES
#15	🏆 JUN 14	CHALEUR BANQUE NATIONALE (PROV. 10KM)	BERESFORD, NB	SUPER SERIES
#16	JUN 15	ST. ANDREWS FATHER'S DAY ROAD RACE	ST. ANDREWS, NB	SS / TIMEX
#17	JUN 15	DO IT FOR DAD	SAINT JOHN, NB	SUPER SERIES
#18	JUN 21	ARMY 10 K	CFB GAGETOWN, NB	SUPER SERIES
#19	JUL 1	GRAND BAY WESTFIELD 10-MILER	GRAND BAY WFLD, NB	SUPER SERIES
#20	JUL 5	GEORGE GALLANT ROAD RACE	SHÉDIAC, NB	SS / TIMEX
#21	🏆 JUL 6	TOWNE FORD ROCK 'N RUN (PROV. 21.1KM)	MIRAMICHI, NB	SUPER SERIES
#22	JUL 12	COURSE À PIED « BON COEUR »	SAINT-QUENTIN, NB	SUPER SERIES
#23	JUL 13	TRC RUN FOR YOUTH	SAINT JOHN, NB	SANCTIONED
#24	JUL 19	10KM CLARENCE BASTARACHE	BOUCTOUCHE, NB	SUPER SERIES
#25	JUL 26	10KM RHEAL-HACHÉ	ST-ISIDORE, NB	SS / TIMEX
#26	JUL 26	GRAND MANAN ROTARY 1/2 MARATHON	GRAND MANAN, NB	SANCTIONED
#27	JULY 26	JOE MCGUIRE ROAD RACE	WOODSTOCK, NB	SANCTIONED
#28	AUG 3	BRAYON COURS	EDMUNDSTON, NB	SANCTIONED
#29	AUG 4	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	SS / TIMEX
#30	AUG 8	TOUR DE SAINT JOHN	SAINT JOHN, NB	SANCTIONED
#31	AUG 9	JOHNSON'S TRUE VALUE 5 MILER	CALAIS, ME	SANCTIONED
#32	AUG 16	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	SUPER SERIES
#33	AUG 23	CONQUER THE CANUCK	CRABBE MOUNTAIN, NB	SANCTIONED
#34	SEP 6	UNB RACE AGAINST THE REDS	FREDERICTON, NB	SUPER SERIES
#35	🏆 SEP 7	HAMPTON 5 MILER (PROV. 8KM)	HAMPTON, NB	SUPER SERIES
#36	SEP 21	FALL CLASSIC ROAD RACE	FREDERICTON, NB	SS / TIMEX
#37	SEP 28	TIM HORTONS MARATHON BY THE SEA	SAINT JOHN, NB	SANCTIONED
#38	OCT 4	THE DAM RUN	PERTH-ANDOVER, NB	SUPER SERIES
#39	OCT 12	ISLAND VIEW EAGLES 5KM	SAINT JOHN, NB	SUPER SERIES
#40	OCT 12	KV FIELDS 5KM	QUISPAMIS, NB	SANCTIONED
#41	OCT 19	COAST TIRE KVC MARATHON	QUISPAMIS, NB	SANCTIONED
#42	🏆 NOV 2	LEGS FOR LITERACY (PROV. MARATHON)	MONCTON, NB	SUPER SERIES

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE ([www.runnb.ca](http://www.runnb.ca)) FOR UPDATES AND RESULTS.

MY FINISH TIME

NOTES & COMMENTS

RACE

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Phone: 506-455-7946

E-Mail: [mike@atlanticchip.ca](mailto:mike@atlanticchip.ca)



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