

WWW.ANB.CA

2006 ROAD RACE CALENDAR
CALENDRIER DE COURSE À PIED 2006

NEW
NOUVEAU BRUNSWICK

2006

Run NB Executive 2006

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*RunNB welcomes volunteers to our committee.
CourseNB vous invites a joindre notre commitee.*

Benefits of being part of Run NB Road Racing



1. **Run NB** promotes road running in New Brunswick by coordinating all the dates of the races throughout the Province within an organized structure to ensure that all runners are aware of the events being offered throughout the year.
2. **Run NB** publishes an annual race booklet for all NB road races. This booklet includes race information such as: dates of the races, starting times, location, distances, contact persons for the races, etc.
3. **Run NB** provides liability insurance for all runners participating in any of the events sanctioned by Run NB
4. **Run NB** maintains a website where race information, race results, Super Series and Timex Race Standings and other pertinent NB road racing news can be found.
5. **Run NB** provides to its sanctioned events some or all of the following:
 - a. A Large Digital Numbers Finish Line Clock
 - b. Race Bib numbers & Pins
 - c. Timex Watches
 - d. Provincial Championship prize money
6. **Run NB** presents Annual Awards to the First Three Overall Winners in the Super Series Races in the six age groups categories, for both Male and Female.

Join us and be part of the thousands of runners who do each year!

Les avantages de faire partie de Course NB



1. **Course NB** promouvoit la course à pied au NB tout en communiquant et coordonnant toutes les courses de façon structurée afin de permettre aux coureurs de planifier leur calendrier pour l'année.
2. **Course NB** publie un livret annuel comprenant l'information pertinente pour les courses à pieds au NB.
3. **Course NB** fournit de l'assurance-responsabilité pour tous les coureurs participant à n'importe lequel de ces événements sanctionnés par Course NB
4. **Course NB** maintient un site web où vous pouvez y retrouver les résultats des courses, classements de la Super Série, et divers autres nouvelles touchant la course à pied au NB.
5. **Course NB** rend les items suivants disponible en entier ou en partie:
 - a) Horloge digitale pour la ligne d'arrivée
 - b) Dossards et épinglettes
 - c) Montres Timex
 - d) Des prix d'argent pour les Championnats Provinciaux
6. **Course NB** présente annuellement, des prix aux gagnants de la Super Série aux hommes et femmes pour chaque catégories. La Super Série a comme objectif d'encourager les coureurs à participer à plus d'événements.

Venez-vous joindre des milliers de coureurs qui participent aux courses à pieds du N.-B.!



FREQUENTLY ASKED QUESTIONS

FOIRE AUX QUESTIONS

Who is Run New Brunswick?

Run New Brunswick (Run NB) is the Organization that promotes Road Running in our province and is an autonomous committee of Athletics New Brunswick (ANB). ANB is the provincial governing body for Track and Field, Cross Country & Road Running and is a member of Sport NB.

Qui est Course Nouveau-Brunswick?

Course Nouveau-Brunswick (Course NB) est l'organisme s'occupant à promouvoir la course à pied dans notre province et est un comité autonome d'Athlétisme Nouveau-Brunswick (ANB). ANB est l'organisme provincial qui régit l'athlétisme, le cross country et la course sur route et est membre de Sport Nouveau-Brunswick.

How do I become a member of Run NB?

Once a runner participates in an event listed in the Run NB Race Calendar, that person automatically becomes a Run NB member because a portion of the entry fee goes to Run NB. Contribution to Run NB helps pay for costs such as race booklet publication, purchasing an electronic finish line clock, awards, etc.

Comment puis-je devenir un membre de Course Nouveau-Brunswick?

Lorsque tu participes à une course sur le calendrier tu deviens automatiquement membre de Course Nouveau-Brunswick car une portion du coût de la course est versée à Course NB. Ainsi, ces contributions à Course Nouveau-Brunswick aide à defrayer le coût des publications promotionnels, l'achat d'horloge électronique, prix, etc. C'est-à-dire à rendre l'expérience des courses au Nouveau-Brunswick plus plaisante.

Does Run NB pay its Executive Committee, Board Members or race day workers?

Not a Cent! They are all unpaid volunteers. The funds raised by Run NB are put back into the running community for the benefit of everyone.

Est-ce que le comité exécutif, les membres du conseil ou les gens qui travaillent lors des courses sont rémunérés par Course N-B?

Pas un sous! Ils sont tous des bénévoles non-rémunérés. Les fonds levés par Course N-B sont ré-investis dans la communauté des coureurs au profit de tout le monde.

What kind of people participate in Run NB events?

People like you! The only requirement is that you are a runner and/or you wish to support Road Running in our province. The age of participants over the last few years has ranged from 10 to 80+. Our members come from all over the province. Campbellton to St Andrews and all places in between. From every walk of life. You'll meet lots of great people at the runs and receptions. Many of the Run NB events now include The Kids Series, a shorter distance, which is becoming very popular among kids as young as 6 years old. Last year thousands of runners participated in Run NB events.

Qui est-ce qui participe à Course N-B?

Les personnes comme vous! La seule exigence c'est qu'il faut être coureur et/ou vouloir appuyer la course sur route dans la province. Depuis plusieurs années, l'âge varie entre 10 ans et 80+ ans. Nos membres sont de partout dans la province – de Campbellton à St. Andrews – et de toutes conditions sociales. Vous rencontrerez toutes sortes de personnes fantastiques aux courses et aux réceptions. Aussi incluse dans le calendrier de Course Nouveau-Brunswick et grandissant en popularité est La Série Jeunesse. Des courses de distances plus courtes pour les jeunes. L'année dernière des milliers de coureurs ont participé aux événements de Course N-B.

How fast do Run NB members run?

There is no distinguishable average pace within our membership. Each person runs at their own desired pace. Whether your goal is 30 minutes or 60 minutes for a 10 km distance – the emphasis is on fun, personal improvement and meeting others with similar interest.

À quelle vitesse courent les membres de Course N-B?

Il n'y a pas de vitesse moyenne exigée. Chaque personne court à son propre rythme. Que votre objectif soit 30 ou 60 minutes pour une distance de 10 km, que tu es 10 ans ou 70 ans – l'accent est mis sur le plaisir, le progrès personnel et de rencontrer d'autres personnes avec des intérêts semblables.

If I'm not a fast runner, will I have a chance to win a prize or reward?

Absolutely! You may very well finish in the top three in your Age Category, making you eligible to be recognized at the annual awards banquet. Hope to see you there!

Si je ne cours pas vite, aurais-je la chance de gagner un prix ou une récompense?

Absolument! Vous allez peut-être terminer parmi les trois premiers dans votre catégorie d'âge, et vous serez donc reconnu au banquet annuel. Aussi, plusieurs des courses inclues des prix de présence. On espère vous voir au banquet!

Once I participate in a Run NB event, how do I get race results?

Most events will have results available after the race or you can later visit the Athletics NB web site (<http://www.anb.ca>) and follow the links to Run NB. Most all of the Run NB's Race Results will be available on the web site.

Comment puis-je obtenir les résultats de la course dont j'ai participé?

La plupart des événements ont les résultats disponibles sur place après la course. Il est aussi possible de visiter le site web d'athlétisme N-B (<http://www.anb.ca>) et chercher pour le lien avec le site de Course N-B. La plupart des résultats pour Course N-B y seront disponible.

Come join us and let's put Run NB really on the "Road to Success"!

Venez participer pour qu'ensemble on mette Course NB sur 'le chemin du succès'.

Remember:

For details on any of the races, check our web site.

Pour plus de renseignements sur les courses, lisez notre site web.

www.anb.ca





Welcome to the 2006 New Brunswick Road Racing Series

There are over 35 exciting races which form the NB Racing Circuit. More than 25 of those races are designated as *Running Room Super Series* where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2006.

*Previous Super Series winners are posted on Run NB's website
(www.anb.ca/indexRunNB.php)*

POINTS FOR SUPER SERIES RACES

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

Age Categories:

(Men + Women, age on December 31, 2006)

19 & under, 20-29, 30-39, 40-49, 50-59, 60+





Bienvenue aux séries des courses à pied de Nouveau-Brunswick pour l'année 2006

Cette année, Course NB comprends plus de 35 courses au calendrier. Plus de 25 de ces courses font partie de la "Super Série Running Room". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débute la saison, basée sur son âge au 31 décembre 2006.

Les noms des anciens gagnants de la Super Série se retrouve sur le site web de Course N-B (www.anb.ca/indexRunNB.php)

POINTS POUR LES COURSES SUPER SÉRIES:

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

Catégories:

(Homme + Femme, age au 31 decembre, 2006)

-19, 20-29, 30-39, 40-49, 50-59, 60+



**Welcome to the 2006 Timex
New Brunswick Road Running Series**
**Bienvenue à la saison 2006
de la Série Timex de course sur
route du Nouveau-Brunswick**

**TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF
RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT
TO OUR ORGANIZATION. THANK YOU TIMEX!**

**TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES
DE COURSE NB FOURNISSANT DES MONTRES ET DE L'AIDE
FINANCIÈRE À NOTRE ORGANISATION. MERCI TIMEX!**

What is the Timex Road Race Series?

It is a series of seven races chosen by Run NB which are used to select NB's top distance runners and award prizes.

Qu'est-ce qu'est la série Timex des courses sur route?

C'est une série de sept courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

How are points accumulated?

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

Comment est-ce que les points sont accumulés?

Pour chaque course, des points seront attribués comme suit: la première place reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de pointage sera déclaré le gagnant de la série Timex.

Are cash prizes awarded by Run NB?

This year the athletes, both Male & Female, who finish 1st, 2nd & 3rd in any of the Timex Races will be given prizes of \$50, \$30 and \$25 respectively for each race. This money, credited to each individual, will be totaled up at the end of the year and will be awarded at the year end banquet.

Est-ce qu'il y a des prix d'argent de Course NB?

Cette année les athlètes, mâle et femelle, qui finissent 1ers, 2èmes, et 3èmes dans n'importe laquelle des courses Timex seront donnés des prix de \$50,00, de \$30,00 et de \$25,00 respectivement. Cet argent sera additionné à la fin de l'année et les athlètes seront attribués l'argent accumulé.



Running
ROOM^{LLC}

WALKING
ROOM^{LLC}

JOIN A CLINIC!

FOR ALL FITNESS LEVELS:

RUNNING CLINICS

- LEARN TO RUN • 10K • 5K
- FOR WOMEN ONLY
- HALF MARATHON • MARATHON

WALKING CLINICS

- WALKING • 5K • 10K
- WALKING HALF-MARATHON
- WALKING MARATHON

\$69⁹⁹

**FREE GROUP
PRACTICE TIMES**

**WEDNESDAYS 6:00 PM
& SUNDAYS 8:30 AM**

WWW.RUNNINGROOM.COM






20 06

Schedule Of Events Horaire des courses

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.
REFER TO OUR WEB SITE (www.anb.ca/indexRunNB.php) FOR UPDATES & RESULTS.

KEY TO RACE INFORMATION

 Date	 Location / Lieu	 Race Start Départ	 Distance(s)	 Registration Enregistrement	 Registration Fee Côté d'enregistrement	 Mailing Postale
 Contact	 Course Records	 Provincial Championship	 Race Status Statut des courses	 Online Registration	 Info	



April / avril 2006

#1 BRENT KELLY MEMORIAL 5-MILER

	Sun, April 30 / Dimanche, 30 avril		Sanctioned
	Saint John, NB		Marta Kelly, Tel: 506-650-9321, Email: Tigger39@rogers.com
	5 miles Run/Walk		Chip Timing, Runners & Walkers welcome, T-Shirts for first 200 registered guaranteed Course: Irving Nature Park - across Saints Rest Beach. Awards: approx 11:00 at kiosk area in the Irving Nature Park T-Shirts aux 200 1er enregistrés, parcours: Parc Nature Irving, ouest de la ville
	09:00am, Irving Nature Park, Eastern end of Saints Rest Beach		
	Reg. Forms at Running Room Saint John or email Tigger39@rogers.com to request form		
	www.events.runningroom.com		
	\$20.00 (\$25.00 after April 22nd)		

#2

LE 15KM DE GRANDE-DIGUE







 Sun, April 30 / Dimanche, 30 avril
 Grande-Digue, NB
 15K, 3K School Challenge, Kids 500m
 15K at 10:15am, other events 09:45am
 Start/Finish: Grande-Digue church,
 Notre Centre de Grande-Digue
 (Community Centre near Church)
 \$25.00 (15K) / \$5.00 (3K) / \$2.00 (500m)





 Running Room Super Series #1 (15km)
 Sylvio Bourque, Tel. 576-7082
 Scenic loop along the sea; T-Shirts to all 15k participants; Post meal, live music, free B&B accomodation for distance athletes (contact Sylvio), pre-race spaghetti dinner, child care *Boucle scénique le long de la mer; T-Shirts (15km); Repas et musique, hébergement gratuit disponible (contactez Sylvio), souper spaghetti, gardiennage d'enfant*

May / mai 2006

#3

DAVE McCAULAY 5K FOLLY

 Sun, May 7 / Dimanche, 7 mai
 Sackville, NB
 5K Road Race
 02:00pm, MtA Athletic Centre
 Race Day: 01-02:00pm, MtA Athletic Centre, corner of York & Landsdowne
 John Peters, Tel. 364-2403,
 Email: jpeters@mta.ca

 Free! *Gratuit!*
 Sanctioned
 *Male: Scott Simpson - 15:04*
Female: Abbie Porter - 19:47
 *Course: Gently rolling hills within town limits with a downhill finish*
Parcours à petites côtes roulantes à l'intérieur des limites de la ville

#4

FREDERICTON MARATHON

 Sun, May 14 / Dimanche, 14 mai
 Fredericton, NB
 42.2km, 21.1km, 10km
 Start / Départ: Queen Square Park
 08:00am: Athletes with Disabilities
Participants handicapés
 09:00am: Start / Départ Marathon
 10:30am: Start Half-Marathon /
Départ Demi-Marathon
 11:00am: Start 10K / Départ 10km
 Race Day Reg: 07:00-10:00am, Queen Square
 Online Reg: www.FrederictonMarathon.ca

 10K \$25.00 / Half Marathon \$45.00 /
 Marathon \$55.00
 *Marathon Course Records:*
Male: Chris Brake - 2:41 (2005)
Fem: Pam Power-McKenna - 3:30 (2004)
 Running Room Super Series #2 (10K)
 More info: www.FrederictonMarathon.ca
 *ChampionChip timing, T-Shirts, Finisher medals, meal, awards & prizes, pre-race pasta dinner (incl.), scenic & flat course*
ChampionChip, T-Shirts, médailles aux finissant, repas, prix, souper aux pâtes; piste panoramique et plat



**So Buddy says, quit it.
And I say, I'm not doing anything.
Buddy says, I know. So quit it.**

Run, walk or mosey. 5 or 10 K Run. Full or half marathon. Whatever you want to do, get yourself a running buddy. It'll make training that much easier and the event that much bigger. Register now and get the Running Buddy – a training log with helpful tips to get you started on the road to the race. And don't forget, there's also a Youth Run and a Team Relay.

Race Weekend, May 19-21 - Halifax, NS - www.BlueNoseMarathon.com

Full Marathon - Volkswagen Half Marathon - The Chronicle Herald 10K Race - Rogers Wireless 5K Run/Walk - HeadShopper YMCA Team Relay - Doctors Nova Scotia Youth Run

#5

RIVER VALLEY RAVE RUN

Sat, May 20 / Samedi, 20 mai



Grand Bay-Westfield, NB

5 km Main Event / Middle School 3 km /
1 km Kids EventKids 1K at 10:00am / Middle School 3 K
at 10:15 am / 5K Main Event at 11:00am

Race Day Reg: River Valley Middle School

David Shiels, Tel: 506-738-6500
Email: david.shiels@nbed.nb.ca

\$20.00 (\$25.00 after May 10th)



Running Room Super Series #3 (5km)

T-Shirts for first 75 registered,
age category medals
*T-shirts (75 1er enregistrés), médailles***#6 LA COURSE DU COUDE / AROUND THE BEND 5K**

Monday, May 22 / Lundi, 22 mai



Moncton, NB



5km, 1km Kids

1km: 10:00am / 5km: 10:15am
behind Blue Cross Bldg, Assomption St
*Site de départ: Derrière l'édifice de la
Croix Bleue rue Assomption*08:30 - 10:00 am,
close to Chateau Moncton5km: \$20.00 (\$25.00 after May 22nd)
1 km: \$10 (fundraiser / levée de fond)Yvan Roy, Tel: 506-855-0852,
Email: yvan.roy@gnb.ca

Running Room Super Series #4 (5km)

*Male: Chris Landry - 16:19 (2004)
Female: Isabelle Cormier - 20:02 (2004)*Flat & fast course, T-shirts
*Parcours plat et rapide, T-Shirts***#7 MARCHE DE LA VIE / WALK OF LIFE**

Sat, May 27 / Samedi, 27 mai



Moncton, NB



2.5km Walk / 5km Run/Walk

11:00am, Stade/Fieldhouse,
l'Université de Moncton

10:00am, Stade/Fieldhouse



\$15.00



Sanctioned

Sophie Julie Thériault, Tel. 506-858-3779,
E-mail: therias@umoncton.ca — or:
Monique Dufour Doiron, Tel. 506-858-4966,
E-mail: dufourm@umoncton.caT-Shirts for first 125 registered guaranteed,
Run around Université de Moncton Campus,
Start/Finish at Fieldhouse, awards
*T-shirts aux 125 premiers enregistrés, Course
autour du Campus de l'Université de Moncton,
départ-arrivé au Stade*

#8

NEIGH-DAY RUN

 Sun, May 28 / Dimanche, 28 mai
 Saint John, NB
 5km Kids Run, 1 mile Walk
 11:00am, Exhibition Raceway
 Pre-Reg: Running Room, Market Square
 Race Day Reg: 09-10:45am,
 Exhibition Raceway





 TBA
 Sanctioned
 Amy Schnare, Tel: 506-652-7529
 Email: amy.schnare@saintjohn.ca
 Flat & fast course, T-shirts
Parcours plat et rapide, T-Shirts

June / juin 2006

#9








MARATHON DE LA BAIE DES CHALEUR

 Sun, June 04 / Dimanche, 04 juin
 Charlo, NB
 42.2km, 21.1km, 6km
 9:00am Marathon & Half-Marathon,
 9:15am 6km
 Club d'âge d'or de Charlo
 June 03: 5-7:00pm / June 04: 7:30-8:30am
 Online Reg: <http://eventsonline.ca>
 Jeannita Caron: (506) 684-5133 (H),
 E-mail: jeannitacaron@hotmail.com

 Pre-Reg. \$40 (Late Fee \$50)
 Male: Victor Hickey - 2:38:48 (2002)
 Fem: Pam Power-McKenna - 3:15:09 (2001)
 Sanctioned
 Scenic & flat course along Bay of Chaleurs,
 post-race hot lunch, finisher medals,
 certificates, T-shirts for 1st 100 participants
*Souper le soir avant la course, parcours
 panoramique et plat suivant la Baie des
 Chaleurs, goûter à l'arrivée, repas chaud,
 médailles aux finissant du marathon et demi,
 T-Shirts pour les 100 premières inscriptions*

#10

10KM CHALEUR BANQUE NATIONALE

 Sat, June 10 / Samedi, 10 juin
 Beresford, NB
 10km, 5km Run & Walk, Kids' Run
 11:00 am
 8:00 - 10:00 am,
 Sportek Curling Beresford
 Mario Boudreau, Tel: 506-783-7254, or:
 Denis St-Onge, Tel. 506-548-4137 (H),
 E-Mail: stonge.d@pg.com
 Timex #1 (10km)
 Running Room Super Series #5 (10km)

 \$20.00
 Male: Joel Bourgeois - 29:35 (1996)
 Female: Patty Blanchard - 35:49
 Flat & very fast, T-Shirts (1st 150 registered),
 \$\$ for top 3 male & female finishers in 10K,
 lots of draw prizes, post race meal
 300m & 1km runs for children, free, each
 participant will receive a medal.
*Parcours plat et rapide, T-Shirts (les 150 1er
 enregistrés), bourses aux trois 1er finissants
 (H&F) du 10k, prix de présences, repas;
 Course de 300m et 1km pour enfants, gratuit,
 chaque participant recevra une médaille*

#11

CATCH THE BUG 10K

	Sun, June 11 / Dimanche, 11 juin		Cheryl McConkey: Tel. (506) 658-2854, E-mail: Cheryl.McConkey@saintjohn.ca
	Saint John, NB		Running Room Super Series #6 (10km)
	10km / 5km / 1km Kids		<i>Male:</i> Michel Boudreau - 32:23 (2000) <i>Female:</i> Leslie Carson - 36:56 (2002)
	10:00am, Market Square		ChampionChip timing, awards & prizes, T-Shirts for first 250
	08:00 - 09:30am, Market Square		<i>ChampionChip, médailles et prix, T-shirts (1er 250 enregistrés)</i>
	\$20.00, Late Fee \$23.00		
	Online Reg: www.events.runningroom.com		












#12

COURSE ASSOMPTION VIE







	Sat, June 17 / Samedi, 17 juin		Rachelle Landry, Tel: 506-857-9400 (w), Email: rachelle.landry@assomption.ca
	Dieppe, NB	or: Eric Couture, Tel: 506-857-9400 (w), Email: eric.couture@assomption.ca	
	10km, 5km Run & Walk, 1km Kids		Running Room Super Series #7 (10km)
	10:00am		ChampionChip Timing, Flat course, post race refreshments (fruits & drinks), awards, draw prizes, kids' entertainment
	8:00am - 09:45am, Ecole Anna-Malenfant, 500 rue Centrale, Dieppe		<i>ChampionChip, Parcours plat, fruits et breuvages à l'arrivée, prix de présences, divertissement pour enfants</i>
	<i>Male:</i> Carol LaPage - 33:39 (2002) <i>Female:</i> Patty Blanchard - 37:36 (2002)		






#13

DO IT FOR DAD 5K







	Sun, June 18 / Dimanche, 18 juin		<i>Donations can be mailed to:</i>
	Saint John, NB		Do It For Dad Saint John, c/o Dr. Tom Whelan Suite E, 3D North, Saint John Reg. Hospital Saint John, NB E2L 4L2
	1K Walk / 5K Run/Walk for Prostate Cancer Research		Running Room Super Series #8 (5km)
	11:00am, Harbour Passage		Lunch & Snacks, prizes, T-shirt (first 150). All proceeds to Prostate cancer research - raise min. \$100 & your registration is free! <i>T-shirts (1er 150 enregistrés), goûter.</i>
	09:00am, Harbour Passage		<i>Les profits seront remis à la société du cancère de la prostate. Enregistrement gratuit à tous ceux qui ramasse un min. de \$100.</i>
	Online Reg via Paypal: http://doitfordadsj.tripod.com/		
	\$20.00 (\$25.00 after May 31)		
	Info: Tel: 506-648-7801 E-Mail: wheth@reg2.health.nb.ca		





#14 ST. ANDREWS FATHER'S DAY 5 MILER

 Sun, June 18 / Dimanche, 18 juin
 St. Andrews, NB
 5 miles, Kids 1.5 miles (free event)
 10:00am, beside Sir James Dunn Academy High School, top of King St
 8:30am - 9:45am, Sir James Dunn Academy High School, top of King St
 Mike Power, Tel: 506-529-3065 (H), E-Mail: powermj@nbnet.nb.ca - or: Verne Cunningham, Tel: 506-529-3769

 \$10.00
 Timex #2 / Running Room SS #9 (5mi)
 *Male: Jamie McSkimming - 25:33 (1981)*
 *Female: Michelle Cormier - 29:59 (1999)*
 Same beautiful & challenging coastal course since 1979, trophies & medals, refreshments, draw prizes, ribbons for kids
Établie en 1979, un parcours panoramique côtier, trophées, médailles, rubans aux jeunes coureurs et prix de présences


#15 ARMY 10K

 Sat, June 24 / Samedi, 24 juin
 CFB Gagetown, Oromocto, NB
 10km, 5km Run/Walk
 09:30am
 08:15 - 09:15am, Base Gym
 Dave Shirley, Tel: 506-422-2000 Ext 2425, Email: shirley.da@forces.gc.ca or: Jessica Hood, Email: hood.jl@forces.gc.ca

 \$20.00
 Running Room Super Series #10 (10km)
 *Male: Asaf Rashid - 33:38 (2003)*
 *Fem: J. Bellavance-Leblanc - 42:45 (2003)*
 Course on Base Running Trails, medals, T-Shirts (for first 100), draw prizes
Parcours sur les sentiers de la base militaire, médailles, T-shirts (premier 100 enregistrés), prix de présences

July/juillet 2006**#16 CANADA DAY MULTI-K**

 Sat, July 01 / Samedi, 01 juillet
 Sackville, NB
 4km / 7km / 10km
 TBA (probably 12 noon)
 Pre-Run Registration at Bandstand Park (Bill Johnstone Memorial Park), Main St
 Free! *Gratuit!*
 Sanctioned

 Graeme Stewart, Tel. 506-536-3559, E-mail: ggrstewart@yahoo.ca
 Course: Loops around Sackville's beautiful Waterfowl Park; Lots of family fun, food, kids' games, musical programme at the Bandstand, Canada Day birthday cake!
Se cours autour du Parc de la sauvagine de Sackville, une événement familiale avec jeux pour les enfants, gâteau et célébration pour la fête du Canada

#17

CANADA DAY HALF MARATHON

	Sat, July 01 / Samedi, 01 juillet		Male: Chris Brake - 1:17:28 (2003) Female: Heather Goodfellow - 1:28:26 (2003)
	Grand Bay-Westfield, NB		Running Room Super Series #11 (21.1km)
	Half Marathon, 10km, 5km		Human Performance Centre, Tel: 738-3554 or: Running Room, Tel. 506-652-6946, Email: marketsquare@runningroom.com
	08:45am		T-shirts (first 300 registered), luncheon, draw prizes, awards <i>T-shirts (1er 300 enregistrés), goûter, prix de présences, repas</i>
	07:30 - 08:30am, River Valley Community Centre		
	\$20.00 (\$25.00 after April 30th)		
	Online Reg: www.events.runningroom.com		

#18

ROCK 'N RUN HALF MARATHON & 10K










	Sun, July 02 / Dimanche, 02 juillet		Scott Cook, Tel: 506-778-9900, Email: activehealing@rogers.com
	Miramichi, NB		Running Room Super Series #12 (10km)
	21.1km / 10km / 5km Run & Walk		Pre-Reg: 5km \$15.00 / 10km \$20.00 / 21.1km \$35.00 – after June 1st, add \$5.00
	08:30am		\$1000 total prize money, ChampionChip timing, food, T-Shirts (first 300 runners), Entertainment along the route <i>\$1000 en bourse, ChampionChip, goûter, T-shirts (1er 300 enregistrés), musiciens sur le parcours</i>
	Note: No Race Day Registration!		
	Pre-register online at: www.activehealing.ca/rockandrun.html		
	Provincial 10K Championship (Double Super Series Points)		

#19

MARKET SQUARE MILE

	Sat, July 08 / Samedi, 08 juillet		Mike Doyle, Tel: 506-696-4922, E-mail: mrdoylerth@yahoo.ca – or: Bill MacMackin, Tel: 506-847-0610 E-mail: SaintJohnTrack@yahoo.ca
	Saint John, NB		Sanctioned
	1mi		ChampionChip Timing, T-Shirts, Prize money for top 5 finishers (M+F); Funds raised are in support of the Saint John Track Club <i>Chronométrage ChampionChip, goûter, T-Shirts, prix monétaires aux 1er 5 finissants, profits seront remis au club d'athlétisme de Saint John (SJTC)</i>
	6:00pm, old Atlantic Sugar Refinery, end of Charlotte Street		
	Pre-Registration at Running Room Market Square and Green Lee Shoes		
	Online Reg: www.atlanticchip.ca		
	\$18.00 / Late Fee \$25.00		









20 COURSE GEDRGE GALLANT ROAD RACE

    	<p>Sat, July 08 / Samedi, 08 juillet</p> <p>Shediac, NB</p> <p>10km, 5km, Kids 1km</p> <p>Kids 1km - 09:30am / 5km - 09:50am / 10km - 10:15am. Start Location: Louis-J.-Robichaud High School</p> <p>8:00am - 10:00am</p> <p>Timex #3 (10km), Running Room Super Series #13 (10K)</p>	   	<p>\$20.00</p> <p>Daniel Gallant, Tel: 506-743-7363, E-Mail: Daniel.Gallant@ent-kent.ca</p> <p>Male: Randy Bullerwell - 31:25 (1991) Female: Patty Blanchard - 36:12 (1992)</p> <p>Fast course, T-shirts (first 300 registered), luncheon, trophies, lots of draw prizes <i>Parcours rapide, T-shirts (seulement aux premier 300 enrigestrés), goûter, trophes, plein de prix au hasard</i></p>
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21 COURSE À PIED BON COEUR

    	<p>Sat, July 15 / Samedi, 15 juillet</p> <p>St. Quentin, NB</p> <p>5km / 10km</p> <p>10:00am, Aréna de St. Quentin</p> <p>8:30-9:30am</p> <p>Mireille Caron: (506) 235-3389 (H), E-mail: loisirs@saintquentin.nb.ca</p>	  	<p>Running Room Super Series #14 (10km)</p> <p>Male: Ynuk Bossé - 35:20 (2000) Female: Michelle Cormier - 38:00 (2001)</p> <p>Flat course, medals, draw prizes, T-Shirts, refreshments, medical services <i>Parcours rapide, médailles, T-shirts, prix de présences, goûter, services médicaux</i></p>
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22 GOODLIFE 8K

    	<p>Sun, July 16 / Dimanche, 16 juillet</p> <p>Quispamsis, NB</p> <p>8km</p> <p>10:00am</p> <p>08:30 - 09:30am, Goodlife Fitness</p> <p>\$20.00</p>	  	<p>Sue Moir, Tel: 506-849-2348, E-mail: moir2@nb.sympatico.ca</p> <p>Running Room Super Series #15 (8km)</p> <p>Flat & scenic course, awards, T-Shirts for first 100 registered <i>Parcours rapide et scénique, repas, T-shirts aux 100 premiers enrigestrés</i></p>
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canadian MASTERS

Track & Field Championship

Canadian Masters Athletic Association masters age classes, in five year increments, begin at 35 for both women and men, age as at the opening day of the meet. These Championships also include competition for sub-masters, women and men 30-34. All sub-masters groups will of course be eligible to win medals. Age groups are calculated as your age on July 21, 2006.

Entry Deadline: Entries must be received by Wednesday, July 5th, 2006.

Send entries to: Marc Beaudoin,
1295 Amirault street, Dieppe, NB, E1A 1E1

Entry Fees

First event \$25.00

Extra Events \$8.00

Non-Member Fee add \$15.00

For More Information: www.2006canadianmasters.ca

EVENTS

Sprints and Hurdles

Relays

Trows and Jumps

Racewalk

Middle Distance









Long Distances

DIEPPE NB
JULY 21, 22 & 23 2006



2006canadianmasters.ca



#23 10KM CLARENCE BASTARACHE

	Sat, July 22 / Samedi, 22 juillet		Running Room Super Series #16 (10km)
	Boucrouche, NB		Flat oceanview course from Boucrouche Dune (Irving Eco-Centre) to MM School, medals, draw prizes, T-Shirts
	10km		<i>Parcours plat avec vue de la mer, commence à la dune de Boucrouche (Irving Eco-Centre) et fini à l'école MM, médailles, beaucoup de prix de présences, T-Shirts</i>
	10:00am		
	8:00am, Dr. Marguerite Michaud School		
	Jean-Noel Allain, Tel: 506-743-5960		

#24 GRAND MANAN ROTARY 1/2 MARATHON & 10K

	Sat, July 22 / Samedi, 22 juillet		Shelley Cook/Chappy Cook, Tel: 506-662-8148, Email: chappy3@nbnet.nb.ca – or: Allyson MacDonald, Tel. 506-447-5634, Email: allyson.macdonald@scotiabank.com
	Grand Manan, NB		
	21.1km / 10km		
	Half Marathon at 10:00am, 10K at 10:30am		10km: \$12.00 / Half Marathon: \$20.00
	9:00am, Area 38, Ferry Wharf (or email chappy3@nbnet.nb.ca prior and pay when you arrive)		Sanctioned
			T-shirts, medals, money prize <i>T-Shirts, médailles, prix monétaire</i>










#25 10KM RHÉAL HACHÉ

	Sat, July 29 / Samedi, 29 juillet		\$20.00
	Saint-Isidore, NB		Male: Joel Bourgeois - 30:08 (1995) Female: Patty Blanchard - 35:14 (1993)
	5km Walk / 10km Run		
	5:00pm		Timex #4, RR Super Series #17 (10km)
	3:00 - 4:30pm, Complexe Léopold-Thériault, St-Isidore, NB		Course from Bois-Gagnon (Start) to Rec Centre St-Isidore (Finish), Meal, T-shirts, money prize and draw prizes <i>Départ de Bois-Gagnon, arrivée au Centre récréatif de St-Isidore, Repas, T-Shirts, prix monétaire et prix de présences</i>
	Albénie Losier, Tel. (506) 395-5752, E-mail: carol5@nb.sympatico.ca – or: Florent Haché, Tel. (506) 358-2946		

August / août 2006











#26

CHIPMAN NB DAY ROAD RACE

	Monday, August 7 / Lundi, 7 août		\$18.00
	Chipman, NB		c/o Brenda Barton, 10 Civic Ct., Unit #1, Chipman, NB E4A 2H9
	5km Run/Walk, 10km Run		<i>Male:</i> Bo McGillivray - 31:08 <i>Female:</i> Patty Blanchard - 37:51 (1992)
	10:00am, Chipman Centre		Timex #5 / Running Room SS #18 (10km)
	8:00 - 9:30am, Chipman Forest Avenue School, Chipman, NB		Fast course, T-shirts (first 75 registered), medals, awards, draw prizes, refreshments <i>Parcours rapide, T-Shirt aux 75 premiers enregistrés, médailles, prix aux gagnants, prix de présences, rafraichissements</i>
	Brenda Barton, Tel: 506-339-5182 (H), 506-339-6601 (W), Fax: (506) 339-6197; E-mail: villchip@nbnnet.nb.ca or: Bernie Sisk, Tel: 506-339-6047		

#27

JOHNSON'S INTERNATIONAL 5 MILER

	Sat, August 12 / Samedi, 12 août		John Rogers, Tel: 207-454-2761 (W); E-Mail: calaisrec@midmaine.com
	Calais, Maine		<i>Male:</i> Rorri Currie - 25:13 (1991) <i>Female:</i> Eunice Phillips - 32:37 (1991)
	5mi		International event through 3 communities and two countries – scenic 5mi course is run on Canadian & American soil, Trophies, T-Shirts (for first 50 registered) <i>Parcours intéressant qui passe sur le côté Canadien et Américain, T-shirts (1er 50 enregistrés)</i>
	10:00am NB Time (9:00am Maine Time) at DiCenzo Athletic Complex, Calais Ave		
	9:00am NB Time (8:00am Maine Time), Main Street Park, Calais, ME		
	Sanctioned		
	US \$10.00		

Provincial Marathon Championships

T4G

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MARATHON BY THE SEA

Saint John - New Brunswick - Canada

A cool place to train and a great place to visit

AUGUST 13TH 2006



www.marathonbythesea.com

				<small>New Brunswick's Largest Daily Newspaper</small>	

#28

MARATHON BY THE SEA


	Sun, August 13 / Dimanche, 13 août		Running Room Super Series #19 (42.2km)
	Saint John, NB		Marathon:
	42.2km, 21.1km, 5mi		<i>Male: Alex Coffin - 2:35:02 (1998)</i>
	8:00am, Market Square, Saint John, NB		<i>Female: Donna Lockett - 2:58:11 (1997)</i>
	Pre-Reg. prior to Race Day, NO Race Day Reg. see website www.marathonbythesea.com		Half-Marathon:
	Malcolm Boyd, Tel. (506) 646-9200, E-mail: m.boyd@architects.nb.ca Info: www.marathonbythesea.com		<i>Male: Paul Morrison - 1:14:28 (1996)</i>
	Online Reg: www.marathonbythesea.com		<i>Female: Lavina Gough - 1:24:23 (2000)</i>
	5 Miler \$30.00 (\$35.00 after June 30th) Half Marathon & Marathon \$55.00 (\$65.00 after June 30th)		5mi Road Race:
	Provincial Marathon Championship (Double Super Series Points)		<i>Male: Christopher Estwanik - 26:13 (2004)</i>
			<i>Female: Michelle Cormier - 28:42 (1998)</i>
			ChampionChip Timing, T-Shirts, medallion, day care service, certificate, entertainment, pre & post meals, Aquatic Centre pool pass <i>Chronométrage ChampionChip, T-Shirts, médailles, certificats, distraction, repas la soirée avant la course et repas durant la cérémonie, pass au Centre Aquatic, service de garderie</i>

#29

UNB RACE AGAINST THE REDS

	Sun, August 20 / Dimanche, 20 août		Jason Bond, Tel. 506-452-1070, E-mail: jason.bond@unb.ca – or: Chris Gairns, Tel. 506-476-3390, E-mail: chrisgairns@hotmail.com
	Fredericton, NB		
	1km Kids, 5km (Teams & Individuals)		Running Room Super Series #20 (5km)
	1km 09:30am, 5km 10:00am at Odell Park, Fredericton, NB		Gently rolling loops through Odell Park, awards, draw prizes, T-Shirts
	Reg starts at 8:00am, Odell Park Lodge		<i>Parcours à boucles avec pentes douces à travers le parc Odell, prix mérites et présence, T-shirts</i>
	\$20.00		
	Provincial 5K Championship (Double Super Series Points)		


#30 CONQUER THE CANUCK (NB EDITION)

 **August 26 + 27 / 26 + 27 août**
 Crabbe Mountain Ski Resort,
Central Hainesville, near Fredericton, NB

 Six long Trail Runs at various distances

-  • **Start Times for Saturday events:**
- 50km Trail Canuck: 8:00am
 - 50km Ultimate Canuck (stage 1): 8:00am
 - 25km Trail Canuck: 9:00am
 - 12.5km Trail Canuck /
5 Peaks Enduro Course: 10:00am
(SS event / 5 Peaks Trail Running Series)
 - 6km 5 Peaks Sport Course: 10:00am
(5 Peaks Trail Running Series)

- **Start Times for Sunday events:**
- 42.2km Marathon Trail Canuck: 8:00am
 - 42.2km Ultimate Canuck (stage 2): 8:00am

 Sanctioned



On-line Registration via the event website
(www.conquerthecanuck.com) or
www.atlanticchip.ca



Various Registration Fees for the various
distances – please check the website
www.conquerthecanuck.com for more info





Event Info: www.conquerthecanuck.com
or contact Roy Nicholl (Race Director),
Tel: 506-471-4126, E-Mail: Trail@CCRR.ca




THE ULTIMATE CANUCK: Run the 50km on
Saturday & the 42.2km Marathon on Sunday,
for a total of 92.2km. Finishing both of these
races qualifies you as an "Ultimate Canuck".
L'ULTIME CANUCK: Les coureurs qui
complètent la course de 50km le samedi et
le 42.2km le dimanche ce qualifie à porter
le titre de « Ultime Canuck ».


September / septembre 2006


#31 FIESTA FUN RUN FOR ARTHRITIS


 **Sat, Sept. 02 / Samedi, 02 sept.**
 **Sussex, NB**


 10km / 5km / 1km Kids

 10:00am

 8:00-9:45am, Sussex High School,
Leonard Drive

 \$20.00 (\$25.00 after July 31st)

 Online Reg: www.events.runningroom.com

 Running Room Super Series #21 (10km)



Dave Symington, Tel: (506) 432-6862,
E-mail: drdavid@nbnet.nb.ca – or:
Alaina Alexander, Tel: (506) 432-6803,
E-mail: aalexander@nb.arthritis.ca










Flat loop through the scenic trails of
Sussex, medals, lots of prize draws
(draw for a hot air balloon ride), T-shirts
for first 50 registered

*Parcours plats sur les sentiers du
village de Sussex, médailles, prix de
présences (une chance de gagné une
sortie en montgolfière), T-shirts
(1er 50 enregistrés)*










#32 DEMI-MARATHON DE ST. FRANCOIS

	Sun, Sept 3 / Dimanche, 3 sept		c/o Gaétane Duval, 1822 rue Commerciale St Francois, NB E7A 1A7
	St. Francois, NB		Running Room Super Series #22 (21.1km)
	1/2 Marathon, 8km, 3km		<i>Male:</i> Scott Hare - 1:09:17 (1988) <i>Female:</i> Patty Blanchard - 1:18:38 (1987)
	10:00am, Centre Sportif J. Docithe Nadeau, St. Francois, NB		Bursary for the Half Marathon winner, Medals, Draw Prizes, Meal <i>Bourses aux gagnants du 1/2 marathon, médailles, prix de présences, repas</i>
	from 08:00am, Arena		
	Gaétane Duval, Tel: 506-992-2780 (H), E-mail: loisirsstf@nb.aibn.com		
	21.1km: \$15.00 / 8km: \$10.00 / 3km: \$12.00		

#33 CHARLO FALL FAIR

	Sat, Sept. 9 / Samedi, 9 sept.		Paul E. McIntyre, Tel: 506-684-6600 (W), E-mail: paulmkl@nbnet.nb.ca – or: Peter Babin, Tel: 506-684-2425 (H)
	Charlo, NB		<i>Male:</i> Jean-Francois Pellerin - 31:45 <i>Female:</i> Patty Blanchard - 34:18
	10km, 5km, 1km (Kids)		Sanctioned
	Kids 1km at 9:00am, Main Events at 10:00am, Charlo Rec Centre		Luncheon, medals, draw prizes <i>Gôûter, médailles, prix de présences</i>
	8:00am - 9:30am, Charlo Catholic Church Basement		

#34 HAMPTON FIVE MILER

	Sun, Sept. 10 / Dimanche, 10 sept.		Brock Reid, Tel: (506) 832-7050, E-mail: reidsfh@nb.sympatico.ca Additional Event Info at: www.hamptonriverrunners.ca/5miler.htm
	Hampton, NB		<i>Male:</i> Chris Brannon - 26:41 (2005) <i>Female:</i> Jill Brennan - 32:46 (2002)
	5mi, 1km (Kids)		Timex #6 / RR Super Series #23 (5 mile)
	10:30am, Hampton High School		Scenic course, T-shirts, awards, luncheon, draw prizes <i>Parcours panoramique, T-Shirts, prix aux gagnants, goûter, prix de présences</i>
	08:00 - 09:45am, Hampton High School www.hamptonriverrunners.ca/5miler.htm		
	\$20.00 (\$25.00 after September 1st)		
	Provincial 5 mile Championship (Double Super Series Points)		











MAIN STREET MILE

	Saturday, Sept 23 / Samedi, 23 sept		Pre-Reg: \$10.00 / Race Day: \$5.00 (no shirt)
	Sackville, NB		Sanctioned
	1 mile		T-shirts available for all early registrations, prizes, snacks. Tough course but lots of spectators due to Fall Fair Parade
	1:00pm sharp		<i>T-shirt à tous les inscrits à l'avance.</i>
	from 10:00am, Windsor Hall, Mount Allison U. Sackville		<i>Goûter et récompenses. Parcours dur, mais beaucoup de spectateurs dû à la parade du festival d'automne</i>
	Graeme Stewart, Tel: (506) 536-3359 E-mail: ggrstewart@yahoo.ca		

FALL CLASSIC ROAD RACE

	Sat, Sept. 23 / Samedi, 23 sept.		<i>Male: Steve Harris - 32:13 (2000)</i>
	Fredericton, NB		<i>Female: Michelle Cormier - 38:38 (2000)</i>
	10km, 5km Run/Walk, 5km High School Invitational, 3km Middle School Invitational 5km Corporate Challenge		Andrew Craik, E-mail: RaceDirector@FallClassic.ca More Event Info at: www.FallClassic.ca
	All events start at Queens Square Park Start times TBA – check website for updates: www.FallClassic.ca		The course is a flat, fast, out-n-back from downtown Fredericton, across the Saint John & along the Nashwaak River, T-shirts, medals, draw prizes, luncheon
	Pre-Reg in person: Tri-Athlete, Kings Place Race Day: Queens Square, time TBA		<i>Parcours aller-retour au centre-ville de Fredericton est plat et rapide</i>
	Online Reg: www.FallClassic.ca		<i>traverse la rivière St. Jean et longe la rivière Nashwaak, T-shirts, goûter,</i>
	Timex #7 / Running Room SS #24 (10km)		<i>médailles, prix de présences</i>










TIM HORTON'S RUN THROUGH HISTORY

	Sun, Sept. 24 / Dimanche, 24 sept		Contact: (506) 696-4922
	Saint John, NB		Events Info: www.runthroughhistory.ca
	3.7mi, 6.8mi, 15.2mi, Generation Walk		Sanctioned
	8:30am (All runs/walk)		Participants are running & walking through 400 years of Saint John's history, following a route which features panoramic views.
	NO RACE DAY REGISTRATION Registration Headquarters: NB Museum For packet pick-up times (High School), see website www.runthroughhistory.ca		Long sleeve T-Shirt, medals. <i>Cet événement verra les participants courir & marcher à travers une histoire âgé de 400 ans. Un parcours riche en histoire qui passera devant trois forts.</i>
	Online Reg: www.runthroughhistory.ca		<i>T-Shirt à longues manches, médailles</i>
	\$29.00 (\$35.00 after August 14)		

October / octobre 2006

#38

THE DAM RUN

	Sat, October 7 / Samedi 7 octobre		Justine Waldeck, Tel: 506-273-4959, E-mail: justine.waldeck@perth-andover.com
	Perth-Andover, NB		Running Room Super Series #25 (10km)
	10km, 5km, 1km (Kids)		T-Shirts (first 60 registered). Run along the scenic St. John River to the Tobique Dam. Hhave fun and enjoy nature. Great prizes!
	1K Kids: 10:00 / 5K & 10K at 11:00am, River Valley Civic Centre		<i>Shirts: les 60 1er enregistrés. Parcours panoramique le long de la rivière St. Jean qui se cours sur le barrage Tobique.</i>
	from 9:00am, River Valley Civic Centre		
	\$25.00		

#39

KENNEBECASIS CHALLENGE MARATHON

	Sun, October 22 / Dim, 22 octobre		Sanctioned
	Hampton / Saint John, NB		<i>Male: Chris Brake - 2:37:43 (2005) Female: Elita Rahn - 3:06:55 (2004)</i>
	42.2km (Marathon)		T-shirts (150). Point to point course from Hampton along the Kennebecasis River through Quispamsis/Rothesay to Saint John.
	Start Time TBA (check website)		<i>T-shirts (150), course commence à Hampton et longe la rivière Kennebecasis, passe par Quispamsis/Rothesay jusqu'à Saint John</i>
	Reg. Time TBA (check website)		
	John Kelley, Tel: 506-847-4612, E-mail: johnkell@nb.sympatico.ca		

November / novembre 2006

#40

LEGS FOR LITERACY MARATHON

	Sunday, Nov. 05 / Dimanche, 05 nov.		Marie Wilson, Tel: 506-387-5919 Email: legs_for_literacy@rogers.com
	Moncton, NB		Marathon: \$50.00 / Half Marathon: \$40.00 / 10K: \$30.00 / 5K: \$25.00 / Student Specials! (Late Fees will apply after October 13)
	Marathon, Half Marathon, 10km, 5km		<i>21.1K Male: Alex Coffin - 1:16:21 (2004) 21.1K Female: Elita Rahn - 1:26:51 (2004)</i>
	Marathon starts at 8:00am / Half Marathon at 10:00am / 10km at 11:00am / 5km at 11:30am Start/Finish: High School, St George Blvd		Chip timing, post race meal, T-Shirts, awards, refreshments. Walkers welcome in all events (marathon walkers start at 7:00am)
	Online registration coming soon, check www.runningroom.com		<i>Chronométrage ChampionChip, goûter, prix aux gagnants, T-Shirts, marcheurs sont invités (marche du marathon débute à 7:00am)</i>
	Provincial Half Marathon Championship (Double Super Series Points)		
	Running Room Super Series #26 (21.1km)		

2005 RUNNING ROOM SUPER SERIES AGE CATEGORY WINNERS

MEN

CAT.	NAME/CITY	POINTS
- 19	Andrew Collings, Saint John	376
20-29	Bruce Guitard, Sussex	443
30-39	John Acheson, Cross Creek	493
40-49	Malcolm Boyd, Saint John	443
50-59	Robert Jackson, Fredericton	1180
60+	Claudio Krickler, Rothesay	640

WOMEN

CAT.	NAME/CITY	POINTS
- 19	Ellen Boyd, Saint John	397
20-29	Micheline Drisdelle, Saint John	280
30-39	Nadine Currie Jackson, F'ton	891
40-49	Donna McCullum, Grand Bay	480
50-59	Elizabeth Underwood, Grand Bay	595
60+	Maryse Jacob, Shediac	350

2006 RUNNING ROOM SUPER SERIES RACES

SS	DATE	RACE	LOCATION	RACE	PAGE
#1	APR 30	LE 15KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	#2	10
#2	MAY 14	28TH ANNUAL FREDERICTON MARATHON	FREDERICTON, NB	#4	10
#3	MAY 20	RIVER VALLEY RAVE RUN	GRAND BAY-W'FIELD, NB	#5	11
#4	MAY 22	3E EDITION COURSE DU COUDE	MONCTON, NB	#6	11
#5	JUN 10	10K CHALEUR BANQUE NATIONALE	BERESFORD, NB	#10	13
#6	JUN 11	CATCH THE BUG 5K & 10K ROAD RACE	SAINT JOHN, NB	#11	14
#7	JUN 17	COURSE ASSUMPTION VIE/ASSUMPTION LIFE RUN	DIEPPE, NB	#12	14
#8	JUN 18	DO IT FOR DAD	SAINT JOHN, NB	#13	14
#9	JUN 18	ST. ANDREWS FATHER'S DAY ROAD RACE	ST. ANDREWS, NB	#14	15
#10	JUN 24	ARMY 10K	OROMOCTO, NB	#15	15
#11	JUL 1	CANADA DAY HALF MARATHON	GRAND BAY W'FIELD, NB	#17	16
#12	JUL 2	ROCK N' RUN 1/2 MARATHON, 10K & 5K	MIRAMICHI, NB	#18	16
#13	JUL 8	10KM GEORGE GALLANT	SHEDIAC, NB	#20	17
#14	JUL 15	COURSE A PIED «BON COEUR»	SAINT-QUENTIN, NB	#21	17
#15	JUL 16	GOODLIFE 8KM	QUISPAMIS, NB	#22	17
#16	JUL 22	10KM CLARENCE BASTARACHE	BOUCTOUCHE, NB	#23	19
#17	JUL 29	10K RHEAL-HACHE	ST-ISIDORE, NB	#25	19
#18	AUG 7	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#26	20
#19	AUG 13	MARATHON BY THE SEA	SAINT JOHN, NB	#28	22
#20	AUG 20	UNB RACE AGAINST THE REDS	FREDERICTON, NB	#29	22
#21	SEP 2	FIESTA FUN RUN FOR ARTHRITIS	SUSSEX, NB	#31	23
#22	SEP 3	DEMI-MARATHON DE ST. FRANCOIS	ST. FRANCOIS, NB	#32	24
#23	SEP 10	HAMPTON 5 MILER	HAMPTON, NB	#34	24
#24	SEP 23	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#36	25
#25	OCT 7	THE DAM RUN	PERTH-ANDOVER, NB	#38	26
#26	NOV 5	LEGS FOR LITERACY MARATHON	MONCTON, NB	#40	26

2006 TIMEX SERIES RACES

	DATE	RACE	LOCATION	RACE	PAGE
#1	JUN 10	10K CHALEUR BANQUE NATIONALE	BERESFORD, NB	#10	13
#2	JUN 18	ST. ANDREWS FATHERS' DAY 5 MILER	ST. ANDREWS, NB	#14	15
#3	JUL 8	COURSE GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#20	17
#4	JUL 29	10 K RHEAL HACHE	SAINT-ISIDORE, NB	#25	19
#5	AUG 7	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#26	20
#6	SEP 10	HAMPTON 5 MILER	HAMPTON, NB	#34	24
#7	SEP 23	FALL CLASSIC ROAD RACE	FREDERICTON, NB	#36	25

#1	APR 30	BRENT KELLY MEMORIAL 5 MILE RUN/WALK	SAINT JOHN, NB	SANCT.
#2	APR 30	LE 15KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	RRSS
#3	MAY 7	DAVE MCAULAY 5K FOLLY	SACKVILLE, NB	SANCT.
#4	MAY 14	28TH ANNUAL FREDERICTON MARATHON	FREDERICTON, NB	RRSS
#5	MAY 20	RIVER VALLEY RAVE RUN	GRAND BAY-W'FIELD, NB	RRSS
#6	MAY 22	3E ÉDITION COURSE DU COUDE	MONCTON, NB	RRSS
#7	MAY 27	MARCHE DE LA VIE / WALK OF LIFE	MONCTON, NB	SANCT.
#8	MAY 28	NEIGH-DAY RUN	SAINT JOHN, NB	SANCT.
#9	JUN 4	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	SANCT.
#10	JUN 10	10K CHALEUR BANQUE NATIONALE	BERESFORD, NB	RRSS/TIMEX
#11	JUN 11	CATCH THE BUG 5K & 10K ROAD RACE	SAINT JOHN, NB	RRSS
#12	JUN 17	COURSE ASSOMPTION VIE	DIEPPE, NB	RRSS
#13	JUN 18	DO IT FOR DAD	SAINT JOHN, NB	RRSS
#14	JUN 18	ST. ANDREWS FATHER'S DAY ROAD RACE	ST. ANDREWS, NB	RRSS/TIMEX
#15	JUN 24	ARMY 10K	OROMOCTO, NB	RRSS
#16	JUL 1	CANADA DAY MULTI-K	SACKVILLE, NB	SANCT.
#17	JUL 1	CANADA DAY HALF MARATHON	GRAND BAY W'FIELD, NB	RRSS
#18	🏆 JUL 2	ROCK N' RUN 1/2 MARATHON, 10K & 5K	MIRAMICHI, NB	RRSS
#19	JUL 8	2ND ANNUAL MARKET SQUARE MILE	SAINT JOHN, NB	SANCT.
#20	JUL 8	10KM GEORGE GALLANT	SHÉDIAC, NB	RRSS/TIMEX
#21	JUL 15	COURSE À PIED «BON COEUR»	SAINT-QUENTIN, NB	RRSS
#22	JUL 16	GOODLIFE 8KM	QUISPAMIS, NB	RRSS
#23	JUL 22	10KM CLARENCE BASTARACHE	BOUCTOUCHE, NB	RRSS
#24	JUL 22	GRAND MANAN ROTARY 1/2 MARATHON	GRAND MANAN, NB	SANCT.
#25	JUL 29	10K RHÉAL-HACHÉ	ST-ISIDORE, NB	RRSS/TIMEX
#26	AUG 7	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	RRSS/TIMEX
#27	AUG 12	JOHNSON'S INTERNATIONAL 5 MILER	CALAIS, MAINE, USA	SANCT.
#28	🏆 AUG 13	MARATHON BY THE SEA	SAINT JOHN, NB	RRSS
#29	🏆 AUG 20	UNB RACE AGAINST THE REDS	FREDERICTON, NB	RRSS
#30	AUG 26	CONQUER THE CANUCK	CRABBE MOUNTAIN, NB	SANCT.
#31	SEP 2	FIESTA FUN RUN FOR ARTHRITIS	SUSSEX, NB	RRSS
#32	SEP 3	DEMI-MARATHON DE ST. FRANCOIS	ST. FRANCOIS, NB	RRSS
#33	SEP 9	CHARLO FALL FAIR	CHARLO, NB	SANCT.
#34	🏆 SEP 10	HAMPTON 5 MILER	HAMPTON, NB	RRSS/TIMEX
#35	SEP 23	MAIN STREET MILE	SACKVILLE, NB	SANCT.
#36	SEP 23	FALL CLASSIC ROAD RACE	FREDERICTON, NB	RRSS/TIMEX
#37	SEP 24	TIM HORTONS RUN THROUGH HISTORY	SAINT JOHN, NB	SANCT.
#38	OCT 7	THE DAM RUN	PERTH-ANDOVER, NB	RRSS
#39	OCT 22	KENNEBECASIS VALLEY MARATHON	SAINT JOHN, NB	SANCT.
#40	🏆 NOV 5	LEGS FOR LITERACY MARATHON	MONCTON, NB	RRSS

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE (www.anb.ca/indexRunNB.php) FOR UPDATES AND RESULTS.

MY FINISH TIME	NOTES & COMMENTS	PAGE
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www.anb.ca/indexRunNB.php

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Cover Design by Marc Beaudoin

trackie
web design

Adam Stacey
Founder / Webmaster
adam@trackie.ca

The advertisement for Trackie web design features a black and white photograph of Adam Stacey on the left and a smaller image of a person running on the right. The text "trackie web design" is prominently displayed in a stylized font across the center.